



SSSILP Summer Showers 2024 Important Information

Vision

To inspire and re-ignite the passion for leadership taking Sri Sathya Sai Baba's message forward by exploring a deeper understanding of its role in Spirituality.

Purpose

- Delving deeper into a more advanced understanding of Sri Sathya Sai Baba's teachings on various aspects of leadership that Sai Young Adults face.
- To provide a platform for YA leaders to become exposed to speakers with leadership experience in a variety of backgrounds.
- Allow SSSILP Alumni to reflect on their SSSILP journey and re-engage with the organization in a learning capacity.

Objectives of the programme

- To develop the capacity to lead, manage, and motivate volunteer team members.
- To develop mentoring skills for grooming future YA leaders for smooth transitions and continuity.
- To acquire knowledge and develop skills to become ideal leaders.

2024 SSSILP Summer Showers Programme

A series of five engaging sessions tailored to delve deeper into topics derived from feedback from SSSILP alumni. The series aims to foster personal and professional development, mental health awareness, and healthy relationships. Each session will follow a structured format, including sharing experiences and practical guidance on dealing with various life challenges. SSSILP Summer Showers 2024 aims to inspire YA's to explore a more advanced understanding of the purpose of spirituality in various aspects of their lives. By combining insightful speakers and engaging discussions, we believe this series will have a positive and lasting impact on the YA community. We look forward to implementing this project and making a meaningful difference in the lives of young adults.

Each session within the SSSILP Summer Showers 2024 will begin with a sharing of experiences by

the speakers. This will create a relatable and personal connection with the audience. Subsequently, the sessions will focus on providing guidance and strategies for dealing with the specific issues discussed in each session. With 30 minute breakout discussion groups at the end of every session, the ultimate goal is to inspire, motivate and reignite the spark of divinity within the YA's.

SSSILP 2024 Programme Annual Calendar

SESSION	Date	SPEAKERS	Title	Topic
1	2 March 2024	Sundar Iyer and Raegan Moodley	Plugging into the Source.	Self-love and personal growth
2	13 April 2024	SSSIO Sai Young Adult Wellbeing Sub-Committee	Experiencing equanimity	Prioritizing mental health and coping strategies
3	11 May 2024	TBC	Finding the counterpart	Navigating and Maintaining Healthy Relationships
4	8 June 2024	TBC	The Future is Now	Networking and Career Development, Building and Making Connections in the Workforce
5	6 July 2024	All Speakers	Panel Discussion (Q&A)	Audience-driven questions and insights from the entire series collected from sessions.
Apps Open	21st July 2024	ONLINE APPLICATIONS OPEN FOR SSSILP 2025 PROGRAMME!		

Registration Details

- Note that registration for each session is separate and stand alone.
- You need to register separately for every session you wish to attend and you do not need to attend every session.
- **PLEASE DO NOT REGISTER UNLESS YOU ABSOLUTELY INTEND ON ATTENDING AS SPACES ARE LIMITED TO 108 ATTENDEES ONLY.**
- The first 108 registered will be accepted, thereafter the registration forms will be closed for each session.
- Registration is open to all however SSSILP alumni are encouraged to attend.

For further information, please contact the SSSILP Committee at

SSSILP@sathyasai.org. Thank you and Jai Sai Ram!