

Nine Gems

Part 2



STUDY GUIDE

96TH BIRTHDAY OF
Bhagawan Sri Sathya Sai Baba

Foreword

With the blessings of Bhagawan Sri Sathya Sai Baba, we are happy to release, on the occasion of Bhagawan's 96th Birthday, a Study Guide titled 'Nine Gems: Part 2' – a compilation of nine letters written by our dearest Swami to His devotees. His sweet nectarine words of love and encouragement help us to progress in our spiritual path and to lead an ideal life based on His teachings.

We have included audio links for these beautiful inspirational letters for your study and reflection, and also a survey at [this address](#).

Thank you,

With love

Sri Sathya Sai Scriptural Studies Committee

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Let God Work Through You

To Hislop

- I. The best method of spreading Vedanta Philosophy is to live it; there is no other royal road.
- II. Let God work through you, and there will be no more duty. Let God shine forth, let God show himself. Live God. Eat God. Drink God, breath God. Realise the truth and the other things will take care of themselves.
- III. True Love expands the self, attachment contracts it.
- IV. Heaven is within you. Seek happiness not in the object of senses, realise that happiness is within yourself.
- V. There is no rose without a thorn. Unmixed happiness is not to be found in this material world, all happiness is in Self Supreme.
- VI. In the lowest worm as well as in the highest human being the same divine nature is present. The worm is the lower form in which the divinity has been more overshadowed by maya. That is the highest form in which it has been least overshadowed. Behind everything the same divinity is existing and out of this comes the basis of morality.

With Blessings

Baba



PHONE: KOTHA CHERUVU 30
WHITEFIELD 33

BHAGAWAN SRI SATHYA SAI BABA

PRASHANTI NILAYAM (A.P.)

Date.....

- I The best method of spreading vedanta Philosophy is to live it; There is no other royal Road,
- II Let God work through you, and there will be no more duty. Let God shine forth, Let God show himself, live God. Eat God. Drink God, breathe God, realize the truth and the other things will take ^{CARE OF} ~~themself~~ selves
- III True Love expands the self, attachment contracts it.
- IV Heaven is within you. seek happiness ^{not} in the ^{OBJECT OF} senses, realize that happiness is within your self,
- V There is no rose without a thorn unmixed happiness is not to be found in this material world, all happiness ~~is~~ is in self Supreme.

VI in the lowest worm as well as in the highest human being the same divine nature is present. The worm is the lower form in which the divinity has been more over shadowed by maya.

That is the highest form in which it has been least over shadowed behind every thing the same divinity is existing and out of this comes the basis of monality.

With Blessings
Baba.

.....

- Q1** “Let God work through you, and there will be no more duty”. How can we achieve this ideal?
- Q2** Which statement(s) of Swami in the above letter resonates with you and why?



~~~~~

# *Assert Your GOD-head*

Camp “Brindavan”

My Dear Rajagopal! Accept my Love and Blessings.

By your discretion convert all stumbling blocks of the world into stepping stones to realisation.

The energy we waste in judging others is just what is needed to make us live up to our own ideals.

Assert your GOD-head. Fling into utter oblivion the little self, as if it had never existed. When the little bubble bursts, it finds itself the whole ocean. You are the Whole, the Infinite, the All.

Dear Raja! Out of long churning (of) this milk of the world comes butter and this butter is GOD. Men of heart get the butter, and the buttermilk is left for the intellectual.

Aim at a lion and miss it rather than hunt a jackal and catch it.

Let GOD work through you, and there will be no more duty. Let GOD shine forth. Let GOD show Himself. Realise the Truth and the other things will take care of themselves.

Raja! Don't worry, Be happy. Swamiji is always with you, in you. Jyoti is very good girl, make her happy and give Santosh.

With Love

*Baba*

.....

**Q1** “Out of long churning (of) this milk of the world comes butter and this butter is GOD. Men of heart get the butter, and the buttermilk is left for the intellectual.”  
What do you understand from this message?

Camp

"Brindavan"

My Dear Rajagopal! Accept my Love and Blessings

By your discretion convert All stumbling blocks of the world into stepping stones to realisation.

The energy we waste in judging others is just what is need to make us live up to our own ideals.

Amert your GOD-head. Fling into utter oblivion the little self, as if it had never existed. when the little bubble bursts, it finds itself the whole ocean. you are the whole, the Infinite, the All.

Dear Raju! out of long churning this milk of the world comes butter and this butter is GOD. Men of heart get the better, and the better-milk is left for the intellectual.

Aim at a lion and miss it; rather than hunt a jackal and catch it.

Let GOD work through you, and there will be no more duty. Let GOD shine forth. Let GOD show Himself. Realise the Truth and the other things will take care of themselves.

~~Reg~~ Raju! don't worry, Be happy Sevayyi is always with you. in you jyoti is very good girl make happy and give Santosh.

With Love

Baba

~~~~~

All are in the Same Stream

My dear Hislop! I am very happy I received your lovely letter yesterday. Now how is your health? Don't worry about that. Your lovely GOD is always with you, in you, around you.

Hislop! from some days your sister-in-law is with me (at Brindavan). She is very happy, daily doing Bhajan and Dhyanam, Jani is also with her.

My dear! All are our fellow passengers, our travellers – all life, plants, animals, not only my Bhakta, but our brother brute, our brother plant, not only our brother the good, but our brother the evil, our brother the spiritual and our brother the wicked. They are all going to the same goal. All are in the same stream; each is hurrying towards that infinite freedom.

Hislop! The moments of realisation are those when all thoughts of worldly relations, worldly connections, worldly ties, worldly property, worldly desires, worldly needs, are all melted into GOD, into Truth.

My dear one! Every being that is in the universe has the potentiality of transcending the senses. Even the little worm will one day transcend the senses and reach GOD. No life will be a failure.

There is no such thing as failure in the universe. A hundred times a man will hurt himself, a thousand times he will tumble, but in the end he will realise that he is GOD.

My Boy! You and I are both outlets of the same channel and that is GOD. As such your nature is GOD and so is mine. You are of the nature of GOD by your birth right. The pure heart is the best mirror for the reflection of truth, so all these disciplines are for the purification of the heart and as soon as it is pure all the truths flash upon it in a minute. All truth in the universe will manifest in your heart if you are sufficiently pure.

Hislop! The harder the circumstances, the more trying the environments, the stronger are the men who come out of those circumstances. So welcome all these outside troubles and anxieties.

When the bubble bursts, it finds itself the whole ocean. You are the whole, the infinite, the all. Out of long churning (of) this milk of the world comes butter and the butter is ... GOD. Men of heart get the butter, and the buttermilk is left for the intellectual.

My Love! Tell my Grace and Blessing to your wife and Sai Brothers and sisters.

With Love

Baba

.....

Q1 “They are all going to the same goal. All are in the same stream”. If our enemies and all those who hurt us are also flowing in the same stream and going to the same goal then why is it that we find it a challenge to easily forgive those who cause hurt to us?

Q2 “The moments of realization are those when all thoughts of worldly relations, worldly connections, worldly ties, worldly property, worldly desires, worldly needs, are all melted into GOD, into Truth” – This appears to be an important insight in understanding the idea of ‘realization’.

- i. What does this statement mean?
- ii. “All melted into God, into Truth” – What does this mean and how can we live our lives fulfilling this ideal?



Camp "Brindavan"
Near white field station
Bangalore Dl.

PRASANTHINILAYAM
PHONE NO. 30, PENUKONDA
ANANTHAPUR DT.

DATE: 24-3-71

My dear Hislop! I am very happy
I received your lovely letter yesterday, now how
is your health? don't worry about that, your lovely
GOD is always with you, in you, around you.
Hislop! from some days your sister-in-law is with
me (at Brindavan) she is very happy daily doing
Bhajan and Dhyanaam jani also with her.

My dear! all are our fellow passengers, our travellers—
all life, plants, animals, not only my ~~brother~~
but our brother brute, our brother plant, not only our
brother the good, but our brother the evil, our brother
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Hislop! the harder the circumstances, the more trying the environments the stronger are the men who come out of those circumstances. we welcome all these outside troubles and anxieties.

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My Love! Tell my Grace and Blessings to your wife and Sai Brothers and sisters

With Love

Baba

~~~~~

# *I Lit the Lamp of Love Inside of You*

24.8.89

Prasanthi Nilayam

Raja! Accept my Love and Blessings.

I lit the lamp of Love inside of you. I lit the fire within you, to feed the rage of lust, of greed, of anger, bound by strings of attachment. I whispered to you the secret of fighting your inner foes, living a life of love, chanting GOD name, embedding my picture in your heart, permeating body and soul with love, the Divine Love that you had known not me filled you with the glory of thy majesty. Taught your breath to hum so (sohum) that you could see beyond the evil. Oh ... Lord.

With Love and Blessings

Raja, Sai is always with you, in you, around you

You are Sai

*Baba*

Tell my Love and Blessings to Mrs. Raja

.....

- Q1** How can both the lamp of love and the fire lit by Swami in our hearts help fight the inner foes?
- Q2** By regularly chanting the *Sohum* mantra and being conscious of one's breath, how does it help us see beyond evil?

24. 8. 89.  
Prasanthi Nilayam.

Raja: Accept my love and Blessings  
I lit the lamp of love. Inside of you  
I lit the fire within you. To feed the rage  
of lust, of greed, of anger, bound by strings  
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The Divine love that you had known not  
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That you could see beyond the evil, oh... Lord  
with love and Blessings.

Raja, Sai is always with you. in you. around you  
you are Sai

Balm.

Tell my love and Blessings to Mrs. Raja

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# The Secret of Perfect Health

24.7.71

My dear Hislop! I received your letter. I am very happy. How is your health? and practice Hislop! The secret of perfect health lies in keeping the mind always cheerful, never worried, never hurried, never borne down by any fear, thought or anxiety.

Have all your attachments reversed from every object and concentrate yourself on one thing, the one fact, one truth, your divinity, immediately on the spot you gain realisation.

Nothing is done in a day. Religion can not be swallowed in the form of a pill. It requires hard and constant practice. The mind can be conquered only by slow and steady practice.

Hislop! Moderation in temper is virtue. Moderation in principle is a vice. Impurity is a mere superimposition under which the real nature of man has been hidden.

My dear! You are the embodiment of God. Fill yourselves with the thought of your almightiness, your majesty and your glory. Open the gates of wisdom. Enter the abode (of) bliss. Rest in peace forever.

Hislop. How is your Mrs? Give my Blessings to her and all family. I am always in you, with you.

With Love

*Baba*

.....

**Q1** In this letter Swami prescribes a simple way to keep our body healthy. Examine the extent of how much we are following these simple suggestions. How can we change our daily lifestyle for the better by incorporating Swami's guidance?

**Q2** "Moderation in principle is a vice". Bhagawan is urging us to adhere to the highest principle and live a life accordingly. What are the principles that we should not compromise so that we can reach the final goal?

DATE 24.7.71

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with the thought of your almightiness, your majesty and  
your glory. open the gates of wisdom. Enter the abode  
bliss. Rest in peace forever

Lop. How is your Mrs. give my Blessings to her and all  
family. I am always with you with you  
with  
Love Baba

# Keep Trying

12.11.71

at 9 AM

To Hislop

To try to meditate, to try to become quiet, to try to relax. Keep trying every positive effort that you make, is not in vain. Every single brick added to a temple made of brick brings that temple closer to completion. So keep trying and one day all of a sudden you will pierce the lower realms of your mind and enter into contemplation and you will be able to say: “yes, I know. I have seen. Now I know fully the path that I am on.” Keep trying. You have to start somewhere. The self you can not speak of, you can only try to think about it, if you care to, in one way: feel your mind, body, and emotions, and know.

With Blessings

*Baba*

*(Note from Swami hand-delivered by messenger to Jack Hislop at the ashram.)*

.....

**Q1** How steadfast are we in practicing daily meditation?

**Q2** What stops us from daily meditation. Discuss practical tips on how each one can inspire and encourage everyone to practice meditation daily.

To Hislap.

12.11.71.

at 9.A.M.

To try to meditate, to try to become quiet  
To try to relax. Keep trying. Every positive effort  
that you make, is not in vain. Every single  
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you can only try to think about it,  
if you care to, in one way: feel your mind  
body and emotions, and know.

With Blessings

Baba

~~~~~

Renunciation is the power

Raja! Accept my love and Blessings.

I received your sweet letter. How are you Raja?

Be happy. Don't worry. SAI is always with you.

Renunciation is the power of battling against evil forces and holding the mind in check. It is Truth and Truth alone that is one's real friend, relative, self (Atma). Abide by truth, tread the path righteousness and not an hair of your body will ever be injured.

You are not to be perfect. You are that already. Nature is like that screen which is hiding the reality beyond. Every good thought that you think or act upon is simply tearing the veil as it were and the purity, the infinity, the God, behind manifests itself more and more.

Raja! Once you come, must come to summer class at May (20.5.78) to 20.6.78

(With Love)

Baba

Dear Raja! How are you? How is your health? Don't worry! Swami is always with you, in you, around you.

Be happy.

With Love and Blessings

Baba

.....

Q1 "Renunciation is the power of battling against evil forces and holding the mind in check. It is Truth and Truth alone". What does renunciation mean to you?

Q2 Swami says, "Truth is your real friend and by abiding to Truth we will always be protected". How can we ensure that we abide by Truth at all times?

Raja! Accept my Love and Blessings
I received your sweet letter. How are you Raja?
Be happy. Don't worry. SAI is always
with you.

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that you think or act upon is simply tearing
the veil as it were, and the purity,
the infinity the GOD behind manifests itself
more and more.

Raja! one's you come, must come to summer
class at may (20.5-78,) to 20.6.78. (with Love)
--- Baba ---

Dear Raja! How are you? How is
your health? Don't worry! Success is
always with you. In you around you.
Be happy. With Love and
Blessings

Baba

~~~~~

# *Constantly Practice the Remembrance of Him*

My Dears! What is primarily needed for one who wants to ultimately surrender himself entirely to the Lord is a consciousness of perfect security under the protecting grace of the Supreme Lord. This consciousness can never leave us if we constantly practice the remembrance of Him. Verily, remembrance itself is Darshan. The repetition of GOD's name must lead to dedication of all actions to Him. This remembrance will be yours even when you are intellectually and physically active in all the walks of life when you consider that those activities are performed in the name and for the sake of the Lord. During your off moments do not fail to keep your thoughts engaged in the contemplation of GOD; and at the same time meditate upon the truth that all your physical and mental powers have their source and inspiration from the cosmic energy of the Divine.

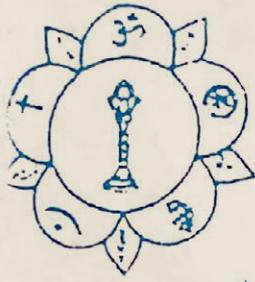
With Blessings

*Baba*

.....

**Q1** Swami says, "What is primarily needed for one who wants to ultimately surrender himself entirely to the Lord is a consciousness of perfect security under the protecting grace of the Supreme Lord". Hence it implies that when we are riddled with doubt, insecurity, fear, anxiety, and other emotions it shows that we have not surrendered. How can we stay In the state of surrender at all times?

**Q2** Swami reminds us to repeat God's name especially when we are experiencing 'off moments' but it is in these moments that we often fail to remember this simple advice. What steps can we take to ensure that we remember God, especially when we are experiencing these 'off moments'?



## Bhagawan Sri Sathya Sai Baba

TELE No. 33  
BRINDAVAN  
WHITEFIELD

TELE No. 30  
PRABANTHIMILAYAM, P. O.  
ANANTHAPUR DT

My Dears: what is primarily needed for one who wants to ultimately surrender himself entirely to the Lord is a consciousness of perfect security under the protecting grace of the Supreme Lord. This consciousness can never leave us if we constantly practise the remembrance of Him. Verily, remembrance itself is *Darshan*. The repetition of GOD's name must lead to dedication of all your actions to Him. This remembrance will be yours even when you are intellectually and physically active in all the work of life when you consider that those activities are performed in the ~~name~~ name and for the sake of the Lord. During your off-moments do not fail to keep your thoughts engaged in the contemplation of GOD and at the same time meditate upon the truth that all your physical and mental powers have their source and inspiration from the cosmic energy of the Divine

With Palmsuji  
Baba

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# *Crush Your Ego and Realize Him*

Bhagawan Sri Sathya Sai Baba

My dears! Accept my blessings and love. Each one from ego takes his birth and clad in ego dies and comes and goes, gives and receives and earns and spends, and deals in lies or speaks the truth, in ego all the while. Heaven and hell and incarnations. All these from ego are not free. Those who do away with their ego attain salvation. The Lord is ever true, and higher than the highest is. But you must crush your ego and realize Him. He is in you, with you, and around you. Be happy.

With Love and Blessings

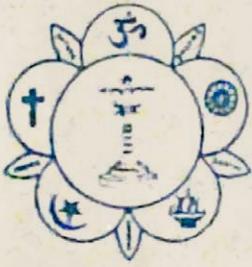
*Sri Sathya Sai Baba*

(Baba)

.....

**Q1** How do we know we are acting, motivated by ego?

**Q2** What practical tips can we adopt to crush our ego?



## Bhagawan Sri Sathya Sai Baba

TELE NO 30  
BRINDAVAN  
WHITEFIELD 560 067  
TELE NO 36  
PRASANTHINILAYAM P O  
ANANTAPUR DT 515134

My dears! Accept my blessings and love  
Each one from ego takes his birth and clad in  
ego dies and comes and goes, Gives and  
receives and earns and spends, and deals  
in lies or speaks the truth, In ego all the  
while. Heaven and hell and incarnations.  
All these from ego are not free. Those who  
do away with their ego attain salvation.  
The Lord is ever true, and higher than the  
highest is, But you must crush your ego  
and realize Him, He is in you, with you  
and around you, Be happy.

With love and blessings  
Sri Sathya Sai Baba  
( Baba )



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