

EDUCATION TODAY

Sathya Sai Education in Human Values

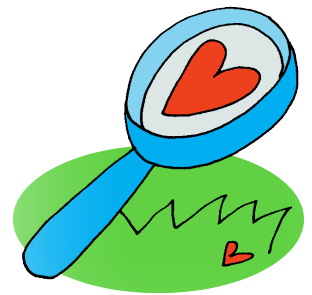
NEWSLETTER

15

July 2026

Education in Human Values in Every Aspect of Life

HIGHLIGHTS



School
Initiatives



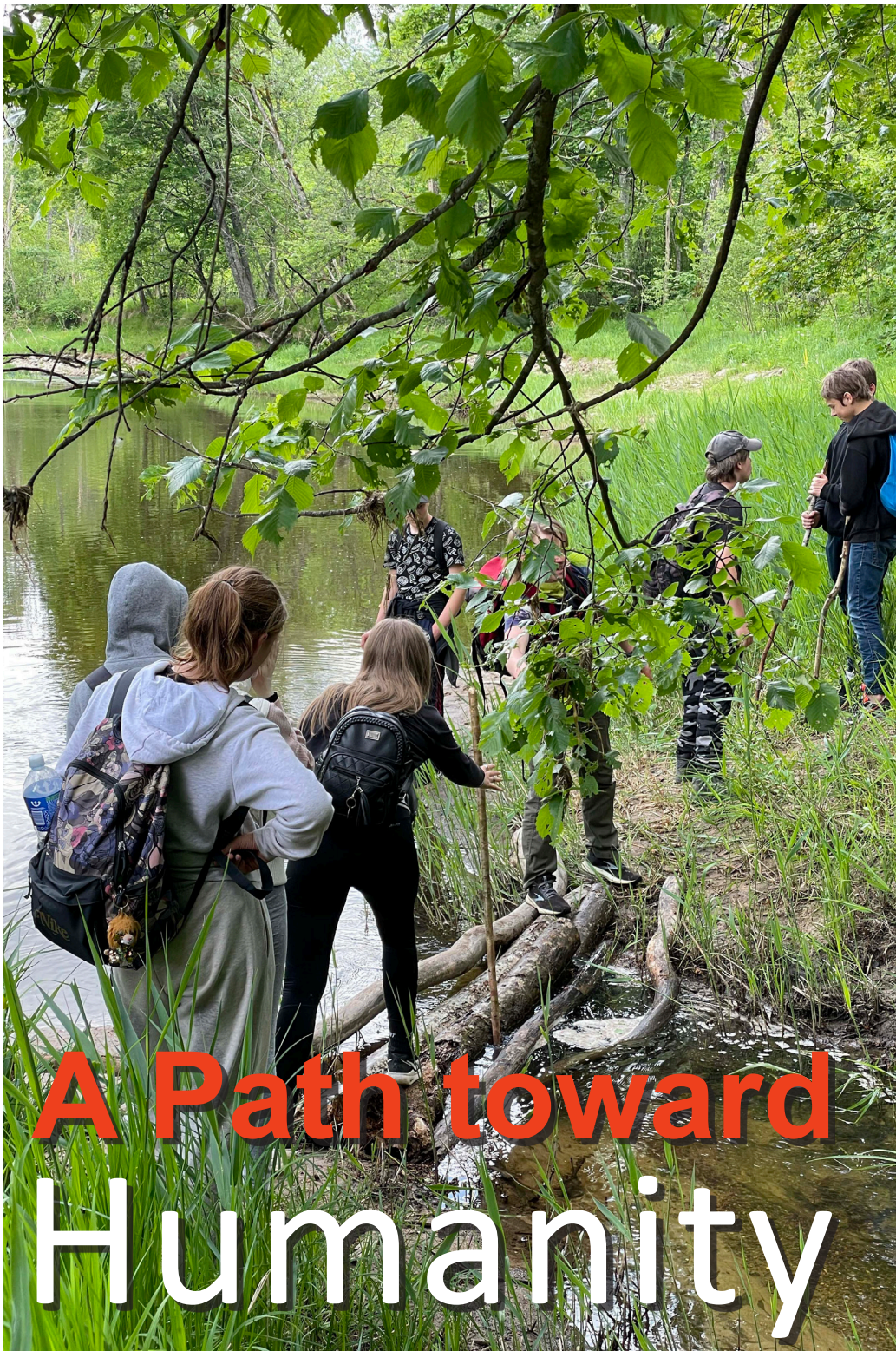
Bringing SSEHV
to College Life

Well-being for
Families and
Communities

TESTIMONIALS

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"Human values... are hidden in every human being. One cannot acquire them from outside; they have to be elicited from within."

Sathya Sai, 1993

EDITORIAL

Education in Human Values in Every Aspect of Life



The unique **Sathya Sai Education in Human Values (SSEHV)** programme is flexible and adaptable to any land, any culture and any venue. It has been successfully implemented in over 110 countries around the world and in a variety of venues such as schools, community organization programmes, workplaces, healthcare settings, penal systems, college classes and orphanages.

In all settings, SSEHV is adapted with attentive care to ensure the essence of the programme remains true to its purpose. That purpose is to help ignite the blossoming of human excellence within by conscious activation and purposeful manifestation of the innate five human values of Truth, Right Action, Peace, Love and Nonviolence in thought, word and action.

The intentional process begins with one's own self and impacts every thread

of one's life, spreading out to within the family, the community and society. Whatever their nation, country, culture, race, gender or age, every human being possesses the innate bountiful dynamic treasure chest/toolbox of the five human values and their countless good aspects.

The underlying principles and the methodology of SSEHV have proven to be the answer to the numerous challenges humankind faces daily on a personal level and in interactions with others. When the underlying principles and methodology are applied, they awaken a deep understanding of the need to grow. This, in turn, motivates a purposeful effort to develop and expand one's potential as a good, compassionate, and productive human being.

We learn to begin **Acknowledging** the good qualities we already have within us, to **Activate** and

Strengthen the good qualities, and to **Nurture** and **Practice** the good qualities in all our *thoughts, words and actions*.

Testimonies that support the efficacy of the SSEHV process:

Center - Formerly Homeless Women and Their Children

"The lives of families at our location are plagued with many crises and many economic and education difficulties.

The SSEHV service project looks at true core values families need to help them avoid or better deal with the issues. The holistic approach

helps to reinforce these important values to the families".

– Executive Director

"My children and I love coming to the SSEHV group meetings. We learn a lot and have learned in SSEHV how to implement it into everyday situations".

– Parent

SSEHV Community Training

"We used the SSEHV curriculum in our pilot session as the basis of our multi-faceted programme for youth and the families. We will continue to use it as the core of our programme initiative. My personal belief is that this training results in young people who are better able to successfully navigate their journeys toward productive and responsible adulthood. The adults who go through the SSEHV facilitator training are empowered to become better teachers and more competent human beings".

– Volunteer, Freedom Through the Arts in collaboration with a University.

High School

"Genuine happiness should come from human values". – Student

"I learned how these human values are evident in good character, the life forces, the mind, and so much more". – Student

Doris Hampton

Education Committee Board Member

Human Values at Keipene Elementary School of Latvia

In our fast-changing world, the question arises: what is good education? Is it the acquisition of skills and knowledge alone? Is this enough to enable children to live happy, wholesome lives? Shouldn't education guide children to tap their inner world, to help them understand and strengthen the values on which one's choices, actions and relationships are based?

At Keipene Elementary School (Latvia), inspired by the European Sathya Sai Education Institute (ESSE), education is seen as a **path toward humanity**. Human values are intentionally woven into daily life: lessons, extracurricular activities, celebrations, and cooperation between students, teachers, and parents. Through shared experiences, we grow wiser, more sensitive, and more understanding. The small light within each of us becomes brighter, illuminating our own path and the world around us.

Important 2025 projects and programmes

The **Talent Forge** project, entitled **Roadmap to Family Well-Being**, is an example of how a set of activities can provide significant support in promoting values-based education both in school and in the wider community. It took place in the Ogre municipality (central Latvia), from 01.04.2025 to 18.09.2025 and offered a variety of events. The project was designed to help family members learn to express their emotions, cooperate, strengthen their relationships, and spend quality time together through creative activities. It was intended to encourage participants to consciously focus on Human Values as the keys to a fulfilling life.

As in every August, the school held a **Human Values Camp**. Each day focused on one value, explored through creative workshops, conversations, games, and shared activities. These days were filled with joy, learning, and discovery.

The **Advent season** was especially warm and sincere. Children and teachers prepared value-themed events, watched films, wrote cards, baked treats, sang songs, and created decorations. Together, they reflected on how acting with kindness and relating heart-to-heart can shape our feelings and relationships.

The Christmas celebration followed folk traditions — simple, genuine, and centered on community.

Families and villagers gathered with a folklore group to enjoy games, traditions, homemade food, and heartfelt conversations by the campfire.



Keipene Students in visit to Poland (Erasmus project)

As part of the Erasmus project, teachers and students visited Warsaw (Poland), discovering Polish culture and meeting the theater troupe of a good friend, Maria Quoos, whose work highlights human values. This experience reinforced the importance of not only teaching values but living them with empathy and courage.

Looking back, there is deep joy in seeing children act with kindness even when it is difficult. Human values appear in small daily moments — quiet help, brave words, sincere apologies. The involvement of parents and the local community was especially strong during 2025. Initiatives arose naturally: collecting candle ends to support soldiers in Ukraine, creating Christmas decorations, and lighting candles on Latvian National Day to illuminate the mountain path used by locals every day. These actions are not loud or grand. They are real. And in the kindness of children, the responsiveness of parents, and the good deeds of the community, we see that human values are truly alive. None of this is loud or pompous. It is authentic. And it is in the simple actions of children, the openness of parents, and the everyday kindness of the community that human values reveal themselves.

ROADMAP TO FAMILY WELL-BEING - A CLOSE UP

The project offered a rich mix of activities that brought families and children together. Seminars on family well-being, values, emotions, and emotional intelligence were complemented by art therapy and improvisation sessions. Children and parents joined creative workshops — decorating cupcakes, making jewelry, woodworking, and making music — while a hands-on introduction to medicinal plants connected them with nature. Family bonding days strengthened trust through team-building tasks, and support groups offered emotional guidance, practical advice, and space for shared initiatives. Together, these experiences nurtured learning, creativity, and community connection.

HIGHLIGHTS OF SSEHV Activities Around The World



Partnership School, Haiti



Sathya Sai School, Argentina



Sathya Sai School, Brazil



Human Values Camp, Greece



SSEHV at the Workplace, USA



Sathya Sai School, Kenya



SSEHV Community Workshop, Peru



Partnership School, Latvia



Lesson Planning - Australia



Walk for Values, Canada



ViviValori Exhibition, Switzerland

Front cover: Students from the Sathya Sai Partnership School of Keipene (Latvia)



The Sri Sathya Sai International Organization (SSSIO) is a spiritual and humanitarian organization active for over 50 years and in over 110 countries. The SSSIO Education Committee supports and promotes Sathya Sai Education worldwide including 39 Sathya Sai Schools, 30 Institutes of Sathya Sai Education, and programs of Sathya Sai Education in Human Values (SSEHV) and Sai Spiritual Education (SSE). For more information please contact: ec@sssio.org

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