

Sathya Sai Ideal Healthcare is based on the six principles of universal, comprehensive, preventive, prompt, free and loving healthcare. SSIO volunteers around the world provide free, high-quality healthcare, adhering strictly to these principles. The organisation undertakes activities to practise, facilitate, continue and promote Sathya Sai Baba's ongoing global healthcare mission and also coordinates humanitarian relief efforts in countries afflicted by natural disasters. Medical service activities include the following eight categories, followed by regional examples of various humanitarian services worldwide.

- 1. Medical and dental rotations of doctors and other healthcare professionals in Sri Sathya Sai hospitals and medical camps in Prasanthi Nilayam.
- 2. Medical, dental and veterinary camps.
- 3. Mobile and permanent medical clinics.
- 4. Specialised procedures and surgeries (including eye, dental, cardiac and gynaecological surgeries, urological and endoscopic procedures).
- 5. Blood and bone marrow donations drives.
- 6. Medical relief following natural disasters.
- 7. Telemedicine patient care, education and teaching programmes for physicians and other healthcare professionals, including Sri Sathya Sai medical institutes.
- 8. Medical conferences.













32 COUNTRIES

100,524 PATIENTS SERVED IN







<u>01</u>

ZONE 1 Guyana

Eleven doctors from Guyana and USA, along with local nurses, administrative staff and numerous volunteers conducted 17 fibroid and five urological surgeries at the Berbice Public Hospital in Guyana from 23rd-31st March 2018 as part of the Fibroid and Urological Surgery Project, an initiative begun in 2013.

Trinidad & Tobago

On 10th March 2018, SSIO volunteers in Trinidad & Tobago organised a Health and Wellness Fair at the Dow Village Government Primary School. Approximately 80 individuals received medical and dental check-ups, eye screening, professional counselling services, medicines and advice related to parenting.

Canada

In Canada, 318 volunteers donated 298 units of blood at three clinics.



<u>01</u>

USA

SSIO volunteers in the USA served 2,024 patients at five permanent free medical clinics around the country, including two in California, one in Colorado, one in Florida and one in New Jersey. At an eye camp in St. Petersburg, Florida, 103 patients received vision screening, with 80 patients receiving prescription eyeglasses. At an annual podiatry camp in St. Petersburg on 4th November 2017, 209 patients were served. At the Sathya Sai Free Health Check and Education Camp held in the Holy Trinity Church-Parish Center in St. Ann, Missouri, 139 volunteers including 37 healthcare professionals rendered selfless service to 201 people, including 82 children. At the annual Corona-Norco Health Screening Day in Corona, California, 544 needy patients received primary care, vision and dental services. In total, Sathya Sai volunteers served 3,594 needy people at 22 medical, dental, vision and podiatry camps across the USA.

A highlight of the year was a second Sathya Sai International Medical Conference held on 2nd-3rd September 2017 in Anaheim, California. About 400 healthcare professionals, including 150 young adult healthcare professionals, from 21 countries, participated in the conference. Awards were given to many volunteers in recognition of their selfless service in the Sathya Sai Global Health Mission.



ZONE 2A El Salvador

Every Saturday, neurology, cardiology and psychology specialists at the Sathya Sai Health Care Clinic in San Salvador provided free consultations. About 329 needy people were seen during this reporting period.

Mexico

A total of 14 medical camps were conducted around Mexico, serving 434 patients during the year. In addition, a permanent medical clinic operated at the Sathya Sai Community Service Centre in Iztapalapa, benefiting 4,141 patients.



<u>2B</u>

ZONE 2B Argentina

Permanent medical clinics in González Catán, Florencio Varela, Las Talitas, San Marcos Sierra, Chuña, Los Oleros and Posadas served approximately 2,580 patients during the year.

Brazil

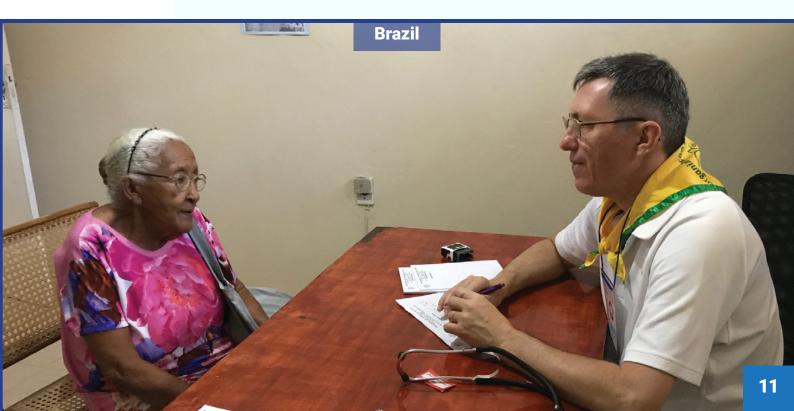
Sathya Sai volunteers organised a medical camp for underprivileged residents of the rural community of Queimadas in northeast Brazil on 10th June 2017. Approximately 400 indigent people of all ages from 108 families were screened at the camp, including 50 students from the local municipal school.

Colombia

Approximately 333 patients received services at the medical clinic in Medellin between 1st April and 16th December 2017.

Peru

SSIO volunteers in Peru provided healthcare services throughout the year for indigent families from four villages in San Francisco, Villa María del Triunfo, south of Lima. About 175 villagers received services in general medicine, dentistry and psychology, along with vegetarian meals. Workshops on human values were given to the children.



<u>03</u>

ZONE 3 Australia

Senior citizens often suffer from illness due to lack of health awareness. The SSIO of Australia organised a Healthy Ageing Workshop on 2nd April 2017 in Canberra, to promote healthy living for the elderly. These workshops, the first of their kind, drew 106 people, including caregivers and seniors. The workshops provided information on handling age-related health issues effectively and suggested ways that medical professionals, nurses and others could serve elderly patients more efficiently.

In the New South Wales Region East, the Ladies Wing hosted an educational workshop to examine social issues associated with domestic violence, in support of women's mental health. About 35 women attended the workshop and discussed the importance of practising the five human values to counteract violence and promote peace and harmony at home.

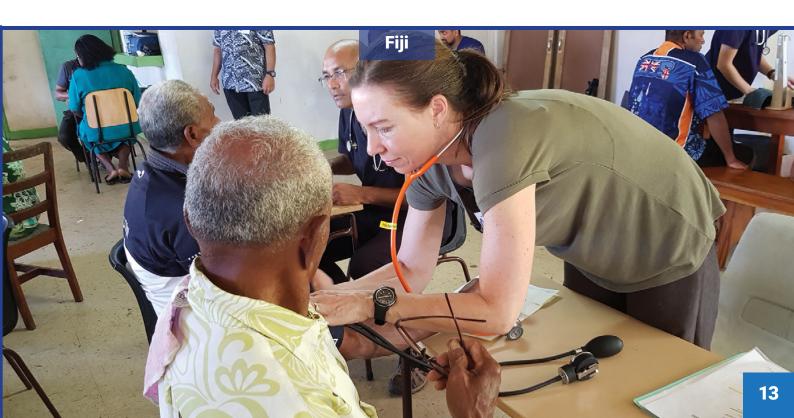


<u>03</u>

Fiji

Health services are not readily accessible in Fiji, home to many low-income residents. Between 29th April and 5th May 2017, 91 healthcare professionals and volunteers provided services to 2,765 patients at the 12th Annual Medical Camp in Fiji. The services included 507 dental examinations and 627 dental extractions. The ophthalmology department served 1,133 patients, providing eyeglasses to 1,002 patients. In addition, medical professionals provided primary and secondary preventive healthcare to patients in health clinics and screened patients for breast cancer, cervical cancer and other noncommunicable diseases.

Between 13th and 19th August 2017, SSIO volunteers organised medical camps at the Bulileka Sanatan College and Bocalevu Muslim Primary School on the island of Vanua Levu, serving 1,754 patients. In addition, 349 patients received dental care, along with education about oral hygiene. Those who needed additional care were referred to Labasa Dental Hospital for further treatment. A surgical team conducted nine major procedures at two local hospitals. Medical seminars were also organised for local general practitioners, healthcare workers and students at the Sangam Nursing School on 13th August and at the Umanand Prasad School of Health Sciences on the island of Viti Levu on 18th August 2017.



04

ZONE 4 Malaysia

In 2017, the SSIO of Malaysia organised 39 general health screening and medical and dental camps for people who cannot afford or access health-care. In addition, 3,148 pints of blood were collected during a blood donation campaign. The SSIO Malaysia is one of the top three contributors to the National Blood Bank in Malaysia.

Nepal

The Sri Sathya Sai Free Mobile Clinic began operating on 13th September 2016 and served over 3,224 needy people at five medical clinics around Nepal in 2017. SSIO volunteers also donated 1925 pints of blood at 94 different blood donation camps. Kanti Bal Hospital, the only government hospital for children in Kathmandu, recognised the SSIO of Nepal for providing selfless service.

Sri Lanka

SSIO volunteers in Sri Lanka screened 287 patients in eye care camps in Trincomalee, Mutur and Verugal, with support from the Vision of Love programme of the United Kingdom. SSIO doctors also performed cataract surgeries on 181 patients. The Sri Sathya Sai Suva Sevana Cancer Hospice, in Hanwella near Colombo, has served more than 450 cancer patients since its inception on 6th July 2002.



<u>04</u>

Vietnam

SSIO doctors and volunteers from Vietnam, Malaysia, Indonesia and Thailand hosted a comprehensive three-day medical and dental camp in Hue Province, in central Vietnam, from 9th-11th August 2017. The doctors conducted 812 medical consultations and 262 dental procedures, in addition to counselling and performing minor procedures. The volunteers informed local residents about general hygiene, healthy living, oral cancer awareness, dental hygiene and proper techniques of brushing teeth.



OVERVIEW OF MEDICAL SERVICES RENDERED IN THE COUNTRIES OF ZONE 4

COUNTRY	PATIENTS IN MEDICAL CAMPS	PATIENTS IN MEDICAL CLINICS	PATIENTS IN MOBILE CLINICS	BLOOD COLLECTION (PINTS)
Indonesia	1,662	16,091	18,691	1,073
Laos	832	405		114
Malaysia	10,325			3,148
Myanmar	804			
Nepal	5,254*	19,150	3,224	1,925
Philippines	2,902	8,854		
Singapore				86
Sri Lanka	3,266**	4,535		58
Vietnam	2,093			

^{*} Includes 24 in eye and ear camps (11 cataract surgeries)

^{**} Includes 287 in eye camps (181 cataract surgeries)



<u>08</u>

ZONE 8 Russia

SSIO volunteers organised three medical camps. In August 2017, 162 SSIO medical professionals and volunteers from five countries provided loving services to about 3,852 patients from seven villages in the Ural region. The 64-member medical team included 25 doctors representing 14 specialties, along with 17 interpreters. Volunteers also distributed three wheelchairs and more than 900 pairs of eyeglasses.



<u>9A</u>

ZONE 9A Botswana

The Sathya Sai Clinic in Botswana has served the community of Gaborone for 12 years. On 23rd April 2017, the clinic launched a public outreach programme. The Honourable Minister of Territory Education was the keynote speaker.

On 25th June 2017, 659 students from 10 senior schools in Gaborone were screened at an annual Sathya Sai Student Vision Camp organised by the Sathya Sai Clinic in Botswana – 353 students received eyeglasses and a further 64 were referred for specialist examination. During this year, a team of 21 medical doctors, supported by 50 nonmedical volunteers, provided loving services to 3,346 patients at the clinic.

Kenya

More than 13,000 patients were served at the free medical and dental clinic in Nairobi. SSIO volunteers organised a medical camp in Kisaju, serving 360 patients. In Mombasa, the Sai Vision project provides free cataract surgeries in collaboration with the Lions Medical Centre in Mombasa. This year, 1,063 patients were seen at six vision camps.



<u>9A</u>

Mauritius

More than 4,993 pints of blood were collected in 53 blood drives organised by the SSIO in Mauritius. The organisation has been recognised by the Ministry of Health as the front-runner in blood collection in Mauritius, satisfying more than 10% of the need for blood in the country.

South Africa

In South Africa, SSIO volunteers organised 98 medical camps and nine wellness camps during 2017, serving 7,727 patients who received medical, dental and vision care. The SSIO of South Africa also hosted 184 blood donation drives during which 10,038 people donated 8,118 pints of blood. The South Africa National Blood Transfusion Services recognised the SSIO of South Africa as the single largest donor of blood in the nation.

Tanzania

Eighty-three children were screened at a medical camp for blind and physically-challenged children in a school adopted by the Sathya Sai Centre of Tanzania. Eight children regained partial vision with visual aids and were recommended for surgery. In addition, 14 children received medication for vitamin deficiency, eye and ear problems, and a few children were treated with antibiotics for infections.





ZONE 9B

SSIO members from Zone 9B donated a 13-seat vehicle to Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthi Nilayam to facilitate transportation of blood donors to the hospital.

Bahrain

On 21st July and 18th August 2017, 160 volunteers donated blood at two camps organised by the SSIO.

Kuwait

On 27th October 2017, 467 patients were screened and treated by 78 SSIO volunteers under the patronage of the Indian Dental Alliance, Kuwait, and the Indian Doctors Forum, Kuwait. Medical services included blood pressure checks blood tests, and urine tests, followed by consultations with specialists in cardiology, dentistry, medicine, ENT, orthopaedics, surgery, ophthalmology and urology.



<u>9B</u>

Oman

More than 700 patients benefitted from monthly health awareness camps in Oman, and 560 pairs of eyeglasses were distributed to needy patients. In addition to basic health checks and health awareness campaigns, one camp offered dental consultations and check-ups to 49 patients. Six SSIO volunteers periodically visited patients at the Sohar and Khoula hospitals, to help with administrative matters such as insurance claims and communicating with patients' family members for emotional support.

United Arab Emirates

On 21st July and 18th August 2017, 92 patients received health awareness presentations and preventive healthcare in two health awareness camps held for labourers in Abu Dhabi. In Dubai, 220 volunteers donated 170 units of blood at quarterly blood donation camps organised by SSIO volunteers at the Sheikh Latifa Hospital.





United Kingdom

In partnership with the National Health Service and other national non-profit organisations, SSIO members in the United Kingdom conducted Health Awareness Days on 14th May, 9th July, 10th September and 14th October 2017. These events served to raise awareness of commonly occurring illnesses and preventive measures through approximately 1,954 consultations during this reporting period.

SERVICES IN **PRASANTHI NILAYAM**

Healthcare professionals from around the world volunteered in medical and dental rotations of doctors at the Sri Sathya Sai hospitals and in medical camps held in Prasanthi Nilayam. The SSIO coordinated medical and dental rotations of overseas doctors and dentists in the Sri Sathya Sai General Hospital and the Sri Sathya Sai Institute of Higher Medical Sciences in Whitefield and Puttaparthi, along with conducting medical camps in Prasanthi Nilayam twice a year during Guru Poornima and Birthday celebrations. Volunteers from 12 countries served at a medical camp organised in Puttaparthi between 14th and 20th July 2017 for Guru Poornima, and volunteers from 19 countries rendered services between18th and 25th November 2017 to coincide with the annual Birthday Celebrations.

CONCLUSION

Thousands of SSIO medical professionals and volunteers around the world continue to organise and provide Sathya Sai Ideal Healthcare to the underserved, needy and destitute. Each year, the free services expand to provide more and more people with quality care and to share Sathya Sai Baba's love with all – consistent with the Sathya Sai Global Health Mission.

