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## **Man without morality is verily a demon**

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*Bharat is the motherland of many noble souls who earned great reputation in all the continents of the world.*

*This is the land of many valorous people who could vanquish the enemies in the battlefield.*

*This is the land of many learned people who taught the Vedas and other sacred scriptures to the people of other countries.*

*But, unfortunately, the Bharatiyas (Indians) today have forgotten the principles of spirituality and are taking to wrong path.*

(Telugu Poem)

*Matru Devo bhava, pitru Devo bhava, acharya Devo bhava, atithi Devo bhava* (revere your mother, father, preceptor and guest as God) is one of the main teachings of the *Vedas*. *Sathyam vada, dharmam chara* (speak truth, practise righteousness) is also the principal teaching of the *Vedas*. But these teachings of the *Vedas* are not seen or heard anywhere today.

### **Base your life on truth and love**

Wherever we look in the world these days, greed and desire are on the rise. Even the people of other countries feel the need to control the senses. People today are accumulating sin due to the misuse of their senses. It is alright to have desires, but they should be within certain limits. People today have limitless desires.

Moreover, everything is full of pollution these days. The water we drink, the food we eat, and the air we breathe are all polluted. In fact, all five elements have become polluted. One's very life depends upon these five elements. How can one's life remain unaffected when all five elements are polluted?

People appear to speak sweetly, but their minds are full of bitterness. This is very bad. What is the purpose of human birth? Who is a human being? Human being is the embodiment of Divinity. But if one takes to a wrong path, how can one be called a human being? That is why it is hard to find a true human being today anywhere.

Even those with high education and big degrees, occupying high positions of authority, cannot be called human beings if they lack truth and love. In fact, they waste their money and time in acquiring this so-called high education, which is without any essence. Acquiring high education, reading sacred books, and undertaking spiritual practices like *japa*, *dhyana*, *yoga*, *yajna* — all these are a mere waste without developing truth and love, which man has completely forgotten today. Whoever says something, there is an element of untruth in it. As regards love, outwardly people appear to be smiling, but inside there is only poison in them. How can one attain peace without truth and love?

*Dharma* (righteousness) comes from *Sathya* (truth). Therefore, it is said, *Sathyannasti paro dharmam* (There is no *dharmam* greater than adherence to truth). Where there are truth and righteousness, peace will come there automatically. Love can develop only in peace. Where there is love, violence cannot exist. Then only can one perform all one's actions at physical, mental, and spiritual levels peacefully. Therefore, if you want to have peace, primarily develop love. If you want to have love, adhere to truth.

But, today, man resorts to untruth even in small matters. On top of it, he is full of anger. Anger completely eclipses truth in man. Man has taken birth not to raise a family or fill his belly but to redeem his life. If he acts contrary to this, he loses his humanness. Human beings become divine when they free themselves from desires.

A mother aspires to see the happiness of her children, whom she has brought up, bearing all hardships and difficulties. But, unfortunately, today people do not love their father and mother. In fact, they do not love anybody.

### **Embodiments of Love!**

Wherever we look in this world, we do not find even a trace of peace anywhere. We do not find peace even in flower sellers, vegetable vendors, and firewood sellers. Where is peace? Peace is only within us. It is there in our speech and in our heart. It cannot be found outside. Whatever spiritual practices like *japa*, *yoga*, and *yajna* that we may undertake, they cannot provide us peace.

First and foremost, we should make our heart steady and peaceful. We find only conflicts wherever we look in this world. Even intimate friends who have love for each other quarrel on trivial issues. In fact, one cannot find a true friend in this world. Evil qualities of our heart are responsible for these conflicts. Therefore, make your heart pure —not the physical heart but the spiritual heart. There should not be even a trace of impurity in it.

### **Only God can give you true happiness**

People today are accumulating a lot of money. But what for? What will they take with them when they go? They have to go empty-handed. They have to leave even their body here when they go. Five elements merge with five elements. Then the empty body is cremated.

Therefore, do not be proud of the body or wealth. *Money comes and goes, morality comes and grows.* Develop morality. In spite of their high education, people today have lost their morality. One bereft of morality is not a human being at all. In fact, one is a demon in human form. Where there is no morality, there can be no humanness.

Respect your elders; show gratitude to your parents. People today lack such feelings of gratitude and respect, thinking, “Why should we respect our elders? Why should we love them?” Wherever they go, they crave money and more money! What is our true wealth? Love is our true wealth. When we acquire this wealth of love, we can have everything. We can catch even clouds in our hands.

Everything is there in the hands of a human, and all gods are present in that human. In fact, one is nothing but divine from foot to head. All worldly things are like passing clouds, which come and go. To feel proud of these passing clouds is a great mistake. At the time of speaking, we say anything. But when it comes to putting into practice, our actions do not match with our words. This is a great sin.

Oh people! There is nobody in this world who can give you happiness except God. God alone protects you in every way. Always contemplate on Him. You will be free from all sorrows when you constantly contemplate on God.

Some people make fun of you and ask, “You are always saying, God, God, God ... but what has He given to you?” It is God who gives you everything. It is only God who rewards you, punishes you, and protects you. Everything is God. *Ekam Sath Viprah Bahudha Vadanti* (truth is one, but the wise refer to it by various names). We give this or that name to God only for our satisfaction. In fact, all names are His. We should install Him in our heart permanently.

Whatever difficulties come to you, accept them as the Will of God. Nobody knows why God gives difficulties. Think that difficulties are for your happiness. *Na sukhat labhate sukham* (one cannot derive happiness out of happiness). *Pleasure is an interval between two pains.* The mind is responsible for all one’s difficulties. When one’s mind is troubled, one finds troubles everywhere. Even that person gets disgusted with their life. That person starts feeling that their life itself is a waste. One’s mind and desires are the cause of all this.

Do not hurt or harm anybody. Love everyone. Serve everyone. You will derive immense benefit from it. If you help anybody, this help itself will help you. This type of help is not to be seen in this world today.

Wherever you go, there is self, self, self and mine, mine, mine! Man has become so self-centred that he forgets everyone except himself and his near and dear ones. *Viswam Vishnu Swarupam* (the entire universe is the embodiment of Lord Vishnu). Man is not a mere mortal; he is divine. Therefore, consider everyone as divine. Do not harm or hurt anyone physically or mentally.

Some people derive some sort of satisfaction by hurting others. But they have to suffer the consequences of their actions in future. They are unable to realise what difficulties they will have to face. Whatever you eat, you get the belch of that only. If you eat cucumber, you cannot have the belch of mango. So, whatever you do, you are bound to experience the consequences of it. Therefore, see good, do good, say good, be good, and experience good results. Whatever God says, it is all for your good only. Krishna said, "Arjuna! You are worried because of your delusion. This war has come for your victory only. This victory is for what? This victory is to show Divinity of man."

### **Love everyone and receive God's Love**

#### ***Embodiments of Love!***

All your difficulties are like a mirror. They reveal your true form. You harbour all types of desires and consequently undergo many sufferings. Therefore, give no room to desires. Your unlimited desires are the cause of all your difficulties.

There can be no effect without a cause. No sapling can grow without a seed. Therefore, seed has to be there, which grows into a huge tree. Whoever you come across, consider them as your own. Identify yourself with them. Develop this feeling more and more.

Who are you? You say, "I am such and such." What is your name? You say, "My name is Nagappa." In this manner, everybody has a different name. Even if the entire world asks God, "Who are You?", He will say, "I am I", "*Aham Brahmasmi*" (I am Brahman). In fact, the entire world is permeated by Brahman. You cannot find anyone in this world in whom Brahman is not present.

So, whoever you criticise or praise, it reaches God. When you criticise God, you cannot escape its consequences. Hence, never criticise God. Whatever anybody says about you, let them say it. Think that they are criticising not you but themselves. Whatever they may speak, it will go into thin air. What is the use of reacting to speech that goes into thin air?

Only love reaches the heart. What sort of thoughts should you have? Your thoughts should be permeated with truth. You can experience love only when your thoughts are truthful. Hence, lead your life with love and end your life with love. Whatever you do to others, in fact, you do to yourself. Be it good or bad, help or harm, everything is the result of your own *sankalpas* (thoughts). Therefore, love everyone. If you cannot love others, just keep quiet. But do not abuse them. In fact, nobody has any right to criticise others. It is the same love that is present in everyone.

Can love criticise love? No, no. Love never criticises. It always gives the experience of love to everyone. Even birds and animals have love. Should one not love one's fellow human beings? When one is endowed with so many good qualities, one should love one's fellowmen. Only then can one become the recipient of God's love. Therefore, love everyone and attain the love of God. Combine your love with truth.

Never resort to untruth. You can have love only through truth. Where there are truth and love, there is peace. Where there is peace, there is nonviolence. Therefore, man should primarily develop truth and love. Then he will not resort to violence. Whatever spiritual practices like penance, *yajna*, *yoga* you may undertake, suffuse all of them with love.

God is your true relation. He comes to you in the form of your son, your daughter, your friend, and all other relations. God is your true relation in all your difficulties. That is why He is called

*Apadbandhava* (a relation in times of difficulty). But how should we deal with this relation? Do not deal with this relation at physical level.

Here is a small example. Immediately after marriage, the husband and wife develop intimate relationship. They say to each other, "You are me and I am you." But after a week, there is a change in the relationship; then wife is wife and husband is husband. Soon after the marriage, when the husband and wife go out together and the husband sees a thorn on the way, he gets very much concerned that it may hurt his wife. On seeing it, he shouts, "thorn, thorn, thorn," and pulls his wife away to save her. There is so much love and concern! They go to bazaar after a week. There the husband sees another thorn and says to his wife, "There is a thorn; can't you see with your eyes?" After some more days, when he sees another thorn, he shouts in anger, "Are you blind?" There is a change in this love just in a few days.

If we repose our faith in this love and lead our lives in this type of love, then how long can we live? This love changes in just a few days. Physical love is no love at all. The two bodies are like two water bubbles. Both are filled with air. This will burst and that will also burst. When the bubble bursts, air will merge with air. Therefore, this type of love is not what we should aspire for. Heart to heart love is important. It is this heart to heart love that reaches God.

### **Community *bhajans* benefit all participants**

So many people have come to participate in *bhajans*. Do all of them have *sraddha* and *bhakti* (steadfast faith and devotion)? Can all of them get *mukthi* (liberation)? No, not at all. Out of all these people, the prayers of merely ten people may reach God.

Community *bhajans* are organised with the hope that out of the large number of people participating in them, the love of a few of them may reach God. *Bhajans* are also meant to develop love for God in the community at large. Guru Nanak started the practice of community singing. When somebody asked him, "So many people are singing together. Will God listen to all of them?", he replied, "It is possible that the love of at least one or two persons will reach God. That is enough to protect all of them." Therefore, we should conduct *samashti bhajans* (community singing).

*Samashti* (community) is formed by *vyashti* (individuals). When many individuals come together and form a community, then their *pushti* (strength) increases.

Parameshti (God) did not create *srishhti* (creation) just for fun. He did this to manifest the unity of all creation. Unity is the underlying principle of creation. It is meant to promote the principle of love in all. But, unfortunately, political parties today are dividing people on party lines. Four people belonging to the same family are taking to four different ways and partition the house into four sections. This is very bad. Even if there are four hundred people in a family, there should be unity among them. Everyone should help his neighbour. All should help each other. Then only can there be harmony in creation. Otherwise, creation loses its purpose.

Take part in *bhajans* wholeheartedly and sing the glory of God. Even if you are not able to do any other spiritual practice, chant the name of God. That is enough. (Here Swami sang the *bhajan*, "*Hari Bhajana Bina Sukha Santhi Nahin ...*" and continued His Discourse.)

You cannot attain peace and happiness without *bhajan*. Peace can be attained only through *bhajan* and not by any other means. "*Hari Nam Bina Ananda Nahin*" (You cannot attain bliss without chanting the name of Hari (God)). "*Japa Dhyana Bina Samyoga Nahin*" (You cannot have union with God without performing *japa* and *dhyana*).

What does *yoga* mean? It is not merely to sit still with closed eyes. What does meditation mean? It is not remembering God with closed eyes. You should install God in your heart. Do not think that you are different from God. You should become one with God.

*Ardhanareeswara* (Androgynous) form of God symbolises this truth. This form represents both man and woman. One is *jiva* (individual soul) and the other is *Daiva* (Brahman). True liberation signifies the unity of *jiva* and *Daiva*. Where there is *jiva*, there is *Daiva*. Therefore, there is no need to run after

God. God is present in all *jivas* (individuals). Do not consider yourself merely a *jiva*; think that you are *Daiva*. You consider yourself a *jiva* because of your body attachment. Do not do that.

The same *Atma* is present in all. When you take the *Atmic* principle into consideration, all are one. So many individuals are present in this Hall. The *Atma* in all of them is one and the same. There is one sun in the sky. It gives light to the entire world. Similarly, God is like the sun who illumines the life of everyone. We engulf ourselves in darkness when we criticise others. Therefore, love all and serve all.

If someone abuses us, let him do so. Abuses will merge in thin air. Therefore, always think that nobody can criticise you. Have faith that God will always protect you. Develop unflinching faith in God. Many people deny the existence of God. If there is no God, where have you come from? What is the place of your origin? If you don't have faith in God, all your life becomes a waste.

### **Always remember God**

Therefore, embodiments of love, develop truth and love. When you have both truth and love, then you will have peace. When you have peace, you can lead your entire life happily. You will not have hatred for anyone. You have hatred only when you lack love and truth. You should unite love and truth in your life. When you have love, you will love everybody; you will make everybody happy. Therefore, treasure love and truth in your heart and never forget them; not even in your dream.

Dreams are only the reaction, reflection, and resound of the waking state. Whatever you do in daytime, it comes into your dreams at night. Dreams are like passing clouds. Do not run after them. Hold on to God, who is true, eternal and changeless. When you hold on to God, you can accomplish anything. Then you will have no fear and no worries.

Let people say whatever they like. Do not bother about it. Think that they are criticising your body and not you. Do not give undue importance to your body. You are not the body. When you say, "this is my body," then you should question yourself, "who am I?" This 'I' is not the individual 'I'. It is the fundamental 'I'. It is not merely related to a particular individual. It is related to all. The symbol of Christianity, the cross, signifies the cutting of the individual 'I'. Only when you cut the individual I can you attain Divinity. Hence, give up the narrow feeling of I and mine.

You say, "*Naa koduku, Naa bidda* (my son, my daughter)". Here *Naa* means no; it signifies nothing. Only God is with us always. Everything is God. Always remember Him. Do not waste even a single moment. Waste of even one moment is a very big wastage. If you think of God even for a moment, you will experience so much bliss. When you are in the grip of sorrow, close your eyes and remember God. This will give you peace.

Do not feel sad or miserable for anything. Face all situations with courage and fortitude. Courage and fortitude are your true strength. In this way, being devotees of the Lord, contemplate on Him every moment of your life. (Bhagawan sang the *bhajan*, "*Rama Rama Rama Sita ...*" and continued His Discourse.)

Students sing the *bhajan*, "*Kausalyatmaja Rama Charan, Vaidehi Priya Rama Charan, Bharatarchita Sri Rama Charan, Ahalyodharaka Rama Charan, Hanumatsevita Rama Charan* (Always worship the Lotus Feet of Rama, son of Kausalya, which are dear to Sita, are worshipped by Bharata, and served by Hanuman, and which redeemed Ahalya)." All five people mentioned in this song are very dear to Rama. In this way, every *Avatar* selects some fortunate persons for His special grace. The persons so selected are those who have effected total surrender.

Rama was the very *Atma* of Mother Kausalya. Rama said, "Kausalya gave Me birth. Without Kausalya how could I incarnate? So, My mother is My God." The second line of the song is "*Vaidehi Priya Rama Charan*". *Vaidehi* means one who has transcended body attachment. The next line is "*Hanumatsevita Rama Charan*". Hanuman always thought only of Rama and constantly recited "Rama, Rama, Rama". The sound of "Rama, Rama, Rama" emanated from every pore of his body.

Once, Rama asked him what he was contemplating upon. Hanuman replied, "Swami! Every hair of my body recites Your name!" Saying so, he plucked a hair from his body and brought it close to the ear of Rama. Rama Himself heard, "Rama, Rama, Rama," emanating from it.

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While contemplating on the name of God, our entire being should be permeated by divine consciousness. Our every thought, every word, and every action should be suffused with the name of God. Only then can we truly become divine. *Daivam manusha rupena* (God is in the form of a human being). God incarnates in human form. One who recites the name Rama or any other name of God constantly is a true human being. Even an atheist would say, “*Ayyo Rama!*” when he is in pain. One says, “*Abba Rama!*” when one is hurt or wounded. Therefore, everybody has to utter the name of God at some time or the other.

Always remain immersed in the name of God. Recite any name of God — Rama, Krishna, Allah, Jesus. God is called by many names, but He is one. There are many sweets, like *mysorepak*, *gulab jamoon*, *burfi*, *palakova*, *jilebi*. But only sugar imparts sweetness to all of them. Similarly, in all the names, the divine principle is the same.

I am one, but I am present in everyone in all forms. There is unity in My creation, but you see diversity because of your defective vision. You should see unity in creation. Do not go by your vision. Your eyes see both good and bad. When there is a defect in the eyes, one sees two things instead of one. The defect lies in your vision. Truly speaking, God is one. Chant any name, but chant it with love. When you chant the divine name with love, you will experience love everywhere.

— From Bhagawan’s divine Discourse in Sai Ramesh Krishan Hall, Brindavan, Whitefield (Bangalore) on 1 May 2008.