



# Prasanthi Council

P.O. Box 660995, Arcadia, CA 91066-0995, USA.

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20<sup>th</sup> March 2014

Dear Brothers and Sisters,

Bhagawan Sri Sathya Sai Baba, the Lord of the universe, incarnated in human form to remind us that our true nature is divine. He is the embodiment of pure, selfless, unconditional Divine Love that transcends all boundaries. He has shown us how to love and live in love. His Life is His Message.

Every year we observe 24<sup>th</sup> April as the Mahasamadhi Day. On this sacred occasion, let us pay homage and express our heartfelt gratitude to Bhagawan and rededicate our lives to Him. Let us love Him with all our heart, mind, soul and strength, and practice His universal teachings of Love and Service to all creation. **This year, on this auspicious occasion we will also practice one of His universal teachings that leads to the realization of the Atma – Jyoti meditation.**

Let us therefore organize the following activities in Sathya Sai centers and groups, at the local, regional, and national levels all over the world:

- Jyoti meditation
- Sharing of experiences by devotees on the glory and mission of Sri Sathya Sai Baba
- Devotional singing and bhajans
- Cultural programs
- Youth and SSE performances
- Service projects, and
- Audio visual presentations of His darshan, discourses and humanitarian projects.

Swami has taught us eloquently about Jyoti meditation. He told us to transcend the limits of name and form placed by our limited minds upon the nameless, formless, attributeless, infinite and eternal reality, of which we are a part. The flame of the Jyoti, Swami has said, “can kindle a million others without getting extinguished.” It is like His love for us. Let us rededicate our vision and ourselves in steadfast adherence to His Glory through Jyoti meditation, along with the above-mentioned programs and activities.



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For inspiration and Divine Blessings for the tasks planned for this day, I request all devotees to listen to the golden voice of our loving Lord Sathya Sai on Jyoti meditation from His discourse of 25<sup>th</sup> May 1979, and read the transcription of this discourse as well as selected references about Jyoti meditation. Links to these items are provided below. Please note that the audio file size is large and may take time to download.

1. Excerpt from Bhagawan's Divine Discourse on Jyoti Meditation, 25<sup>th</sup> May 1979:  
<http://sathyasai.org/files2014/JyotiMeditationDD.pdf>
2. Audio file of the above Divine Discourse:  
<http://sathyasai.org/files2014/JyotiMeditationDD.mp3>
3. References for Jyoti Meditation:  
<http://sssbt.info/summershowers/ss1979/ss1979-15.pdf>  
<http://sssbt.info/ssspeaks/volume07/sss07-04.pdf>  
<http://sssbt.info/ssspeaks/volume17/sss17-06.pdf>

Please use the occasion of Mahasamadhi Day 2014 to begin, or to continue, as the case may be, on the path of Jyoti meditation as instructed by our beloved Bhagawan. I urge every Sathya Sai center or Study group to practice Swami's guided Jyoti meditation on this auspicious Mahasamadhi Day, in addition to other activities.

I request all devotees to participate with enthusiasm and love in the center, regional and national events in observance of His Mahasamadhi day and share their love, and the Sai Love in which we abide, with others. May Bhagawan Sri Sathya Sai Baba continue to shower his Grace and Love on all of us, and may we continue to serve Him until our last breath.

*Tamasoma Jyotir Gamaya! (Lead us from Darkness to Light!)*

*Jai Sai Ram!*

With loving regards,

Narendranath Reddy, M.D.

Chairman, Prasanthi Council