



A Holistic Approach to Health and Happiness

A Divine Prescription

A forum to raise awareness of how the practice of Human Values impacts our daily lives and leads to a healthier lifestyle

Topics

- ♥ *Purity, Patience and Perseverance – A Divine Directive!*
by Dr Venkatraman Sadanand, USA
- ♥ *Sound Mind, Sound Body – A Spiritual Remedy!*
by Dr Pal Dhall, Australia
- ♥ *The Relevance of Moderation – HIS Secret!*
by Prof Kanaga Sabapathy, Singapore
- ♥ *Securing HIS Grace - A Duty with Devotion!*
by Dr Suresh Govind, Malaysia
- ♥ *Love All Serve All*
by Dr Sathya Rao, Zone 4B Medical Coordinator

Sunday 28 October 2018 ♥ 8.30am to 5.30pm
PSB Academy, 6 Raffles Blvd, Singapore 039594

Registration

Grab your seats today at
<http://bit.ly/ssios-adp18>



For more enquiries,
please contact or email us

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enquiry@ssios.org.sg

Limited seats
available.