

OM SRI SAIRAM



GLOBAL ADOPTION OF 95 COMMUNITIES

SATHYA SAI INTERNATIONAL ORGANISATION
ZONE 3 AUSTRALIA

SSIO AUSTRALIA



States and Regions of SSIO	
NSW	Region East and West
Victoria	Region East and West
Act	
South Australia	
Western Australia	
Queensland	
Tasmania	

DETAILS OF COMMUNITIES ADAPTED IN AUSTRALIA

Project Category	COMMUNITY	NO. OF PEOPLE SERVED
Environment	BUSH CARE – COOKS RIVER CATCHMENT AND PARRAMATTA	
Service	NSW WESTERN REGION COMMUNITY ENGAGEMENT	40
Service	HOMELESS FEEDING NSW REGION	200
Service	DANDENONG AND VICTORIA MARKET COMMUNITY PROGRAM	150
Service	VITAL CONECTIONS - HOMELESS CARE CBD BRISBANE	150
Service	BLUECARE NURSES – ELDERLY PEOPLE LIVING INDEPENDENTLY	20
Service	DISCOVERY CLUB, WARWICK, PERTH WA	30
Service	MURWILLUMBAH COMMUNITY ENGEMENT	200+
Service	BIRTHING KIT	6000
Service	TREGEAR PUBLIC SCHOOL BREAKFAST PROGRAM	200
Service	ST BRIGIDS CATHOLIC PARISH AND THE COMMUNITY	500
Medical	ÀGEING COMMUNITY IN CANBERRA and Sydney	100

ENVIRONMENTAL PROGRAMS

- COOKS RIVER CATCHMENT CONSERVATION – NSW REGION EAST
- PARRAMATTA REGION BUSH CARE PROGRAM – NSW REGION WEST



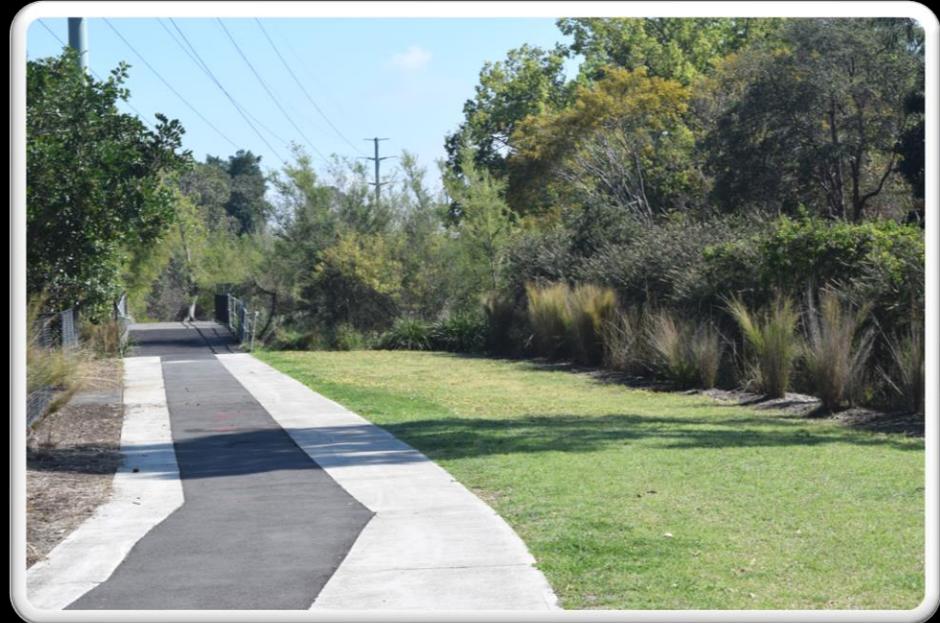
BUSH CARE – COOKS CREEK CONSERVATION RAIN GARDEN PROJECT 2011

- The Cooks river catchment covers an area of 100km including Strathfield municipality area.
- The Sathya Sai Center Strathfield in conjunction with Strathfield Municipal Council started the Bush care program by taking part in tree planting, weeding and regeneration of vegetation.
- In 2010 the region East of the SSIO took over the program and it became a regular service activity.
- Some major contribution
 - Tree plantation in Alan street Reserve
 - Bush regeneration in Mason Park (bird Sanctuary)
 - Annual national tree planting in July organized by Plant arc and Strathfield Council
- **Currently the NSW region East bush care activity is coordinate under enviro care program.**

ALLEN STREET RESERVE



Date taken September 2018



The restoration of Allen Reserve project was carried out by the council in 2011. The Sathya Youths as a part of the sadhana plan planted the seedlings on **23 Saturday April 2011**. It was a day with heavy downpour and the youths were enthusiastically turned up and took part in the program.
Swami may not be in the physical form anymore, but he can be experienced in Nature.

BUSH CARE – MASON PARK CONSERVATION

THIS IS A SANCTUARY FOR MIGRATORY BIRDS AND BUSH GENERATION WAS CARRIED BY SSIO VOLUNTEERS IN 2011



2011

2018

NATIONAL TREE PLANTING JULY 2018 NSW REGION EAST



Annual national tree planting in July 2018 coordinated by the region Envirocare coordinators. About 190 members across NSW came together on Sunday 29 July 2018 to take part in what was an energetic National Tree Day. Adults, Young Adults and SSE children came together to carry out service and further appreciate our beautiful environment, spread out across six locations in NSW.

REGENERATION OF BUSH AREA UNDER PARRAMATTA COUNCIL



A centre including their SSE children have adopted a "Regeneration of Bush area under Parramatta Council", dry bush area have created a vegetable patch, named the "Love All Serve All garden"

SERVICE PROJECTS



NSW WESTERN REGION COMMUNITY ENGAGEMENT



Beanies were knitted by devotees and provided to the aged care residents

FOOD SERVING AT EXODUS FOUNDATION NSW REGION EAST



The Exodus Foundation started over 30 years working within the community providing free meals to the homeless and at risk. The Sathya Sai organization has partnered with Exodus since mid 90s and help preparing healthy vegetarian meals and serving on first Saturday of the month. Later it expanded to twice a month.

Currently meals are prepared by professional chefs according to food nutritional standards. The Sai members help serving healthy vegetarian meals on First, Second and third Saturdays serving around 200 people in need each session.

DANDENONG MARKET SERVING THE HOMELESS

VICTORIA REGION EAST



The Feeding at Dandenong Market occurs every Tuesday for the homeless where toasted sandwiches, soup, cooked food, pasta, fruits, tea, coffee and biscuits are served.

On this Christmas Party, the young adults entertained everyone with soulful Christmas choir and divine music. Presents were distributed by father Christmas and everyone was very happy on this festive season.

VITAL CONNECTIONS - TOWN CENTER BRISBANE

QUEENSLAND



Provide 3-course vegetarian meal, collection of food items, distribution of clothes, blankets and sleeping bags to the homeless.

BLUE CARE NURSING HOME -BRISBANE QUEENSLAND



Dance performance by Youths



Musical performance by Young adults



Interactive session with the residents

Service and support to Elders, by providing Monthly afternoon tea and concert. The service also includes transport.

DISCOVERY CLUB, WARWICK, PERTH WA - SERVING THE PEOPLE WITH DISABILITY FROM WARWICK, WA

We give a break to Carers of people with disability, and we take care of them 3 hours every 3 months, bring smile on the faces of this people and to thank their carers. This service activity has been taken by Warwick Sai Centre WA for the last 20 years and continuing.

DISCOVERY CLUB, WARWICK

PERTH WA



Interactive games
organised by Sai Youths

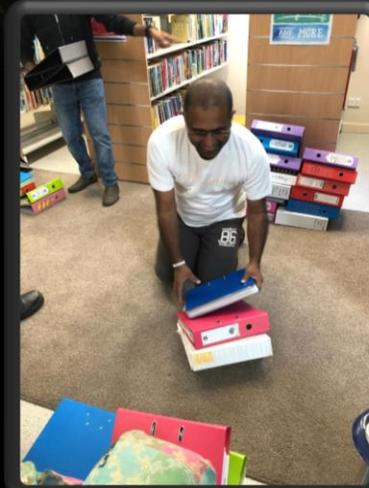


Entertainment provided by Sai Children

COMMUNITY ENGEMENT WORKING BEE AT SATHYA SAI COLLEGE MURWILLUMBAH



The working bee program occurs during school holidays where sai volunteers from all the region visit the school and carry out maintenance work such cutting the lawn, weeding, filing etc.



BIRTHING KIT PROJECT

Around 300,000 women and 3 million newborns die each year from preventable causes related to pregnancy and childbirth. To help address this, the SSIO partner with Birthing Kit Foundation Australia to assemble the Birthing Kits.



The Items including a black sheet, soap, surgical blade, stings and a pair of gloves are carefully packed in a sealed bag as shown by the kids in the picture. The kits are packed and supplied to Birthing Kit Foundation Australia. The kits are distributed in Bangladesh and African countries helping around 6000 mothers.

REGION	No of Kits
New South Wales(NSW)	2000
VICTORIA	2000
South Australia	500
Queensland, Gold Coast	1000
Australian Capital Territory	400

BIRTHING KIT ASSEMBLY - NSW



BIRTHING KIT ASSEMBLY VICTORIA



BIRTHING KIT ASSEMBLY SOUTH AUSTRALIA



TREGEAR PUBLIC SCHOOL BREAKFAST PROGRAM

THE SCHOOL BREAKFAST CLUB OFFERS BREAKFAST DAILY FROM 8.30AM TO 8.50AM DURING SCHOOL DAYS FOR ALL STUDENTS. IT'S A GREAT PLACE TO MEET EACH MORNING BEFORE CLASS.



Milk 2L



Honey 500g



500g



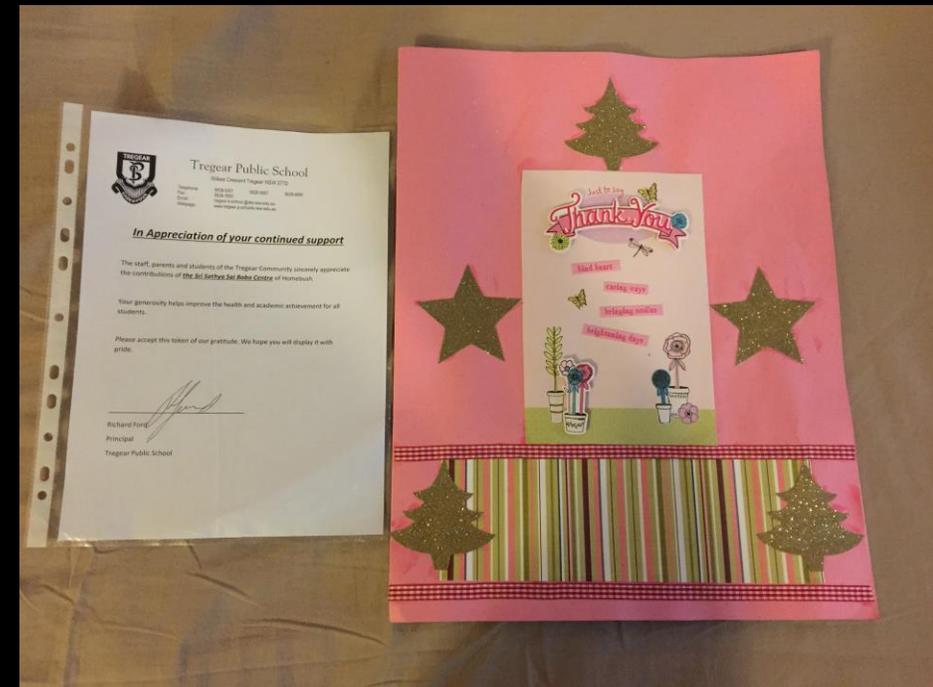
750g



Apple Juice 2L



Orange Juice 2L



Letter of appreciation from Tregear Principal and thanking message from the children

Over 1000 kg of the above breakfast food items are contributed annually by the members of SSIO over ten years

MURWILLUMBAH COMMUNITY ENGAGEMENT



Upon building a relationship with the local Murwillumbah community, a service opportunity was presented in servicing food hampers to residents in need. The National Service team of the SSIO has begun providing 20 hampers per month to the Murwillumbah Community Centre since March 2017. This project is coordinated by SSIO members within NSW and QLD, who purchase items from the local supermarket each month and ensure delivery & packing is done in an appropriate manner.

ANNUAL CHRISTMAS SERVICE AND FOOD ITEMS TO S^t. BRIDGES CATHOLIC PARISH AND THE COMMUNITY



The St Brigid's Marrickville is a Christ-centered Eucharistic community in which people of many cultures worship God and inspire each other to live the Gospel message. The SSIO hold annual Christmas service and provide food items to help the people in need in the local community. The food ration is distributed by the church.

HEALTH AND WELLBEING (MEDICAL)





AGEING COMMUNITY CARE – CANBERRA (ACT)

VISION AND ACHIEVEMENT OVER THE LAST 3 YEARS WITH SWAMI'S GRACE

- Sai CARE Program (care and respect of elders)
- Objective Sai Care is an awareness programme, coupled with some service activities having the following objectives and aspirations:
 - 1. Promotion of conscious appreciation and respect of elders.
 - 2. Motivation of students and young members to aspire for excellence in their respective role as son, daughter, granddaughter or grandson.
 - 3. Education of our members to develop the ability to understand complex issues in an ageing population.
 - 4. Encouragement of the active practice of Sathya Sai's teaching on human values when coming across an elderly person in society.

The attitudes of mutual help and selfless service develop the 'humanness' of man and help the unfoldment of the Divinity latent in him - Sathya Sai Speaks, vol XI, p 192

Winner

SHYSAI INTERNATIONAL
ORGANISATION OF AUSTRALIA



REGULAR VISIT AND MEANING
FULL ACTIVITIES FROM 2016

Team of 14 Sai members.

Undergone volunteer recruitment and
feeding with dignity training by IRT



We

VOLUNTEER OF THE YEAR 2018



VOLUNTEER TEAM 2017



AWARD CEREMONY



Nominees award for
ACT volunteers



AGEING EDUCATION TO COMMUNITY IN
APRIL 2017 - ACT



AGEING EDUCATION TO COMMUNITY IN APRIL 2017

HEALTHY AGEING WORKSHOP

DATE - SUNDAY 2ND OF APRIL 2017
VENUE - 10, WATSON STREET, TURNER, ACT
TIME - 10AM TO 12PM
FOLLOWED BY A DANCE, MUSIC AND LUNCH
SUITABLE FOR - AGE >55 YRS OR FOR CARERS
LOOKING AFTER AN ELDER.

AIM AND OBJECTIVE
TO DELIVER A COMPREHENSIVE
EDUCATION WORKSHOP TO THE
COMMUNITY ON 'HEALTHY
AGEING' TO RAISE AWARENESS
AND ENCOURAGE PRACTISING
LOVE AND COMPASSION WHEN WE
APPROACH AN ELDER.

LEARNING OUTCOME
PARTICIPANTS WILL BE ABLE TO
LEARN AND UNDERSTAND, THE
COMPLEXITY OF MEDICAL
ISSUES IN AGEING POPULATION,
THEIR NEEDS AND AVAILABLE
RESOURCES IN THE COMMUNITY,
ADVANCED CARE PLAN DIREC-
TIVES (RESPECTING PATIENT'S
CHOICES) AND WILL BE ABLE TO
LEARN ABOUT MEDITATION AND
TECHNIQUES.

SPEAKERS:

DR SASIKALA SELVADURAI - GERIATRICIAN
DR NAREN CHELLAPA & DR NITHYA CHELLAPA - DENTAL SURGEONS
DR KAVITHA SUBRAMANYAM - GASTROENTEROLOGIST
DR PRANAVAN GANESHalingam - MEDICAL ONCOLOGIST
PRATHINI TARA MURALITHARAN - OPTOMETRIST
SUE MILLER - SOCIAL WORKER - KANGARA WATERS NURSING HOME
ELIZABETH VAN WYK - CLINICAL PROJECTS, GALAXY PUBLIC HOSPITAL
DR NADANA CHANDRAN - NEUROSURGEON,
G.AJANI GANESHANANTHAM - OCCUPATIONAL THERAPIST.



PLEASE RSVP BY 28TH OF MARCH FOR CATERING PURPOSE.
CONTACT : PREMA 0413234830 OR DOCTORS.SAI@GMAIL.COM

04/04/2017

Om Sai Ram.

Medical Workshop in ACT region.

'Healthy Ageing' is a medical workshop designed to address age-related issues that are relevant to the community. This workshop was organised by the SSIO ACT region in collaboration with the Sai Medical unit.

The aim of this workshop is to share our love and compassion with the local community. A team of 11 health professionals, including Geriatricians, Medical Oncologists, Gastroenterologists, Dental Surgeons, Dietitians, Cytometrists and an Occupational therapist delivered the talk on following topics.

- Positive Brain in ageing
- Osteoporosis and nutrition
- Vision in ageing
- Lifestyle modification
- Out issues in ageing
- Dental care in ageing
- Meditation and relaxation

In addition, the clinical project manager from a local hospital delivered a talk on Advanced Care Plan Directives (Respecting patient's choices).

The program was held on Sunday 2nd of April between 10 am - 1pm at 10 Watson street, Turner. There were 106 participants of different nationalities who attended the workshop. About 15 volunteers from the Ladies wing, Youth wing and Service wing actively assisted the medical professionals to make this event successful. It is commendable that 3 of the speakers were former SBE students. The program concluded with a dance and musical concert by the Youths.

The feedback from the participants was very positive. Some of the comments received:

"We highly valued this workshop, they were all high-profile speakers"

"We had lots of take home messages and it was very relevant to us"

"You are all doing a great service, God bless you"

"You should definitely organise this workshop once again for those who missed out"

Please find the attached flyer and a few snapshots.

In Sai Love,

Dr Prema Rajendra.

Love All Serve All



Help Ever Hurt Never

ONE OF THE WORKSHOP

MEDITATION CONCEPT





HUMAN VALUES IN MEDICINE BY DR GUNU
TO DOCTORS AND NURSES



HEALTHY AGEING WORKSHOP-
REPRESENTATIVE FEEDBACK

HEALTHY AGEING WORKSHOP NSW

- The 'Healthy Ageing' afternoon on the first day of Spring saw an audience of over 100 enthusiastic people who were well rewarded for their attendance.
- There were highly experienced experts, most being specialists in their field, speaking on a range of most useful topics, spread over four hours, with a well catered break. The event was held in two separate, well-filled rooms, with each lecturer presenting their message twice. Questions followed, of which there were plenty.

HEALTHY AGEING EDUCATION WORKSHOP SEPTEMBER 2018 - NSW



ATTENDEES OF THE
WORKSHOP



PARALLEL WORKSHOP



INTERACTIVE SESSION IN
PROGRESS



SAI SAMARPANAM

Jai sairam