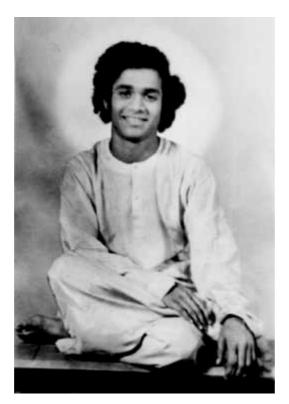
## SRI SATHYA SAI WORLD YOUTH CONFERENCE 2007

## "Ideal Sai Youth - Messengers of Sai Love"



Dearest Sai Youth,

Jai Sai Ram!

With the Divine blessings of Bhagawan Sri Sathya Sai Baba, an International Sri Sathya Sai World Youth Conference, under the auspices of the Sri Sathya Sai World Foundation, will take place in the Divine presence from 26<sup>th</sup> July until 28<sup>th</sup> July 2007. The theme of the Conference that has been blessed by Bhagawan is **"Ideal Sai Youth – Messengers of Sai Love".** The objective of this conference is to inspire and guide Sai youth to serve society and at the same time to gain a deeper understanding of Bhagawan Sri Sathya Sai Baba's teachings.

Swami has taught and demonstrated many times that mankind is unique among all of God's creation. We are capable of turning inward and realizing the truth that we are manifestations of the Omnipresent Divinity. Swami states that God can be achieved through Love and exhorts us to cultivate this Divine Love. During the conference, emphasis will be placed on how to realize one's Divine nature through spiritual transformation and Love.

Why Has Swami called this Conference "Ideal Sai Youth- Messengers of Sai Love" Swami would like us to embody this spirit. But how do we become Ideal Sai Youth ? Bhagawan's early life is a beacon of light that can guide the youth. Young Sathya was an Ideal Son, caring for His parents and family. He used to walk many miles every day to fetch water for them. He was also an example of love and compassion. He never let anyone leave His home hungry and gave whatever little He had even if it meant He went without food. Young Sathya was the embodiment of humility, He had very

few clothes yet never pestered His parents to purchase more. He was an ideal role model for His friends. He engaged them in service activities to alleviate suffering and turned the attention of the villagers towards God. Swami reveals through His example how Ideal Youth should conduct themselves. We should emulate Swami in our daily lives.

The Sri Sathya Sai World Youth Conference will be a 3-day Conference consisting of speeches by eminent and learned speakers, workshops and plenary sessions. Registration for the Conference will be electronically via a special Registration Website that has been created by our Sai Youth for this Conference. The address is is <u>http://www.saiconference.org</u> . If you have any further questions kindly direct these to the Sri Sathya Sai World Youth Conference Planning Committee Co-ordinator: ritashitu@hotmail.com

An International Planning Committee to co-ordinate the Conference has been appointed and blessed by Bhagawan. These consist of Youth Co-ordinators from each Zone:

Shitu Chudasama: Committee Co-ordinator (UK), Ivan Bavcevic (Croatia), Anjali Daswani (Hong Kong), Anuradha Kafle (Nepal), Maria Laura M.D. (Uruguay), Alvin Leo (Australia), Sudhakar Pant (Nepal), Parani Kumar (Malaysia), Daniel Scovill (USA), Mathias Seitel (Germany).

In preparation for the Sri Sathya Sai World Youth Conference in July 2007, Sai Youth around the world are following a special Sadhana Programme. The Programme consists of practicing the following nine spiritual disciplines:

Spiritual Discipline 1 – Practice Namasmarana (Chanting of the Lord's Name)

Spiritual Discipline 2 – Read Swami's Discourses/Books Daily and Conduct Weekly Youth Study Circles.

Spiritual Discipline 3 – Engage in Selfless Service Activity as a Group.

Spiritual Discipline 4 – Practice of Dietary Discipline

Spiritual Discipline 5 – Learn to Speak Softly and Speak Less.

Spiritual Discipline 6 – Take Active Part in Sai Centres.

Spiritual Discipline 7 – Improve Communication and Interact Respectfully with Parents.

Spiritual Discipline 8 – Practice Ceiling on Desires by not Wasting Food, Money, Energy and Time.

Spiritual Discipline 9 – Practice daily Meditation and Prayer.

This Sadhana Programme has been translated into various languages and is being diligently practiced and followed by all Sai Youth irrespective of religion, culture and language. Furthermore, Pre-World Youth Conferences are being held in many countries around the world.

There are millions of people in this world, but our Sai Youth are the fortunate few who have this golden opportunity of attending the Sri Sathya Sai World Youth Conference. We should make best use of this wonderful opportunity and share this joy with everybody.

## Planning Committee Sri Sathya Sai World Youth Conference Sri Sathya Sai World Foundation