

ADOPT A VALUE & WALK THE WALK

Example:

Value: Kindness

Practice: I will identify words and deeds that

bring happiness to others and myself

Effect: More peace at home and in society

For a list of values and subvalues, please visit www.walkforvaluesusa.org



If there is righteousness in the heart, there will be beauty in the character. If there is beauty in the character, there will be harmony in the home. When there is harmony in the home, there will be order in the nation. When there is order in the nation, there will be peace in the world.

- Sathya Sai Baba

Walk for Values USA Southwest

Saturday, February 27, 2010 Wesley Bolin Plaza, Phoenix, AZ

Join us at the 2.2 Mi Walk and Adopt a Value that you will practice as we celebrate the basic human values of Truth, Right-Conduct, Peace, Love and Nonviolence.

In our current moral and economic crisis, it is evident that we need to renew and reapply basic human values in our lives. We are taking the first step in this exciting journey and invite you to come and experience the power of many people walking together for a common cause, and willing to lead by example.

Walk for Values USA is a free event organized by the Sathya Sai Organization of USA, Southwest Region, and it is open to everyone! You can walk as an individual or member of a group - be it family, school, workplace, community group, service organization or sporting team.

Who: All are welcome at no cost

When: Saturday, February 27, 2010, 10 am - 1 pm (check in at 9am) Where: Wesley Bolin Plaza, 1700 W Washington St, Phoenix, AZ 85007

For more information or to register, visit www.walkforvaluesusa.org We can also be reached at (480) 419-2897 or email us at outreachcoordinator.phx@walkforvaluesusa.org

St. Louis, MO: Mayor declared June 20, 2008 as Walk for Values Day. Houston, TX: Mayor declared May 2, 2009 as Walk for Values Day. Dallas, TX: Mayor declared May 9, 2009 as Walk for Values Day. New York, NY: Mayor recognized Walk for Values on June 21, 2009. Walks have also taken place in Seattle, Austin, Raleigh and Boston

Walk for Values started in Canada in 2002 and has grown to include Australia, New Zealand, Malaysia, Hong Kong and the USA. To date approximately 15000 have walked for values.



Truth
Honesty
Integrity
Self Reflection



Right Conduct
Duty
Courage
Responsibility



Peace
Patience
Contentment
Self-control



Love Compassion Forgiveness Tolerance



Nonviolence
Unity
Human Rights
Ecological Balance