

20**Experience Divinity Within In
Total Silence**

Embodiments of Love!

YOU are very well aware of the present condition of the world. There is no scope for talking about God. Today *dhanam* (money) is considered as *daivam* (God). In such a situation, how can *dharma* (righteousness) prevail in the world?

Principle Of Love Is Changeless

Embodiments of Love!

There is no other path except that of love to attain God. Love is God, God is love. But people do not understand what love is. They consider attachment to all that is worldly and material as love. Out of their selfishness, they love worldly objects and materials. So, man's love today is tainted with selfishness. There is

selfish motive behind whatever he does. How can then man have the vision of God who is the very embodiment of selfless love? Love is present in all beings, right from a *pamara* (ignorant person) to a *Paramahansa* (realised person). How can one describe such a principle of love?

Ego and pomp have become rampant today. Desires have become limitless. Man's heart is filled with selfishness, and compassion has no place in it. That is the reason why he is unable to have the vision of the *Atma* and experience bliss. I always speak about the principle of love. I do not know anything other than love (*loud applause*). When divinity is uniformly present in all, how can you share your love with some and deny it to others? How can anyone say, "Love this and not that"? God has no specific form. But if you firmly resolve to see God and make sincere efforts, God will assume a form and manifest before you.

There is love in everyone of you. What is the form of love? What is the nature of love? When we analyse carefully, we will realise that love is not limited to human beings alone but is present in all living beings. Every being is endowed with the quality of supreme divine love. One has to give up enmity and cultivate unity and purity in order to understand this truth. Love cannot be explained in words. How can you describe it? It can only be experienced and enjoyed. The experience of love confers bliss on us. Hence, we can say that bliss is

the form of love.

Embodiments of Love!

Everything in this world is bound to change except the principle of love. Love is the only true and eternal path which will lead you to divinity. Divinity pervades each and every limb of the human body. It can be visualised only when we understand the principle of oneness. People attribute various names and forms to God. In fact, God should not be confined to a particular name and form. God is beyond all attributes and transcends all names and forms. Divinity is present in all in the form of love but each one experiences it in his own way. People imagine a particular form of divinity. They think divinity is limited to a specific name and form. That is why they are unable to experience it.

One whose heart is filled with love will see the manifestation of divinity everywhere. It is a mistake to think that Nature is different from God. People give various names to divinity based on their own experience. Jewels are many but gold is one. Likewise, names and forms are different but divinity is one. Where does gold come from? It comes from the earth. Similarly, God manifests in human body. *Daivam manusha rupena* (God incarnates in the form of a human being). Hence, consider everyone as divine. *Sahasra seersha Purusha Sahasraksha Sahasra pad* (The Cosmic Being has thousands of heads, eyes and feet). All heads, all eyes

and all feet are His. Such transcendental divinity can be experienced only in absolute silence and in solitude. There lies hidden sacred divine power in the depth of total silence. The tongue is given to you not to indulge in vain gossip. That is why the ancient sages and seers practised *mounam* (silence). It is possible to experience God only in the depth of silence. However, we should understand the true meaning of silence. Silence does not mean merely refraining from speech. It is much higher than that and includes the mind also. The transcendental nature of divinity cannot be described in words. It is beyond the grasp of the mind.

Focus Your Mind Only On God

Whatever you see in this world is the manifestation of truth. When divinity is all-pervasive, how can there be untruth? But you are unable to realise the all-pervasiveness of divinity. Turn your vision inward and observe absolute silence. Only then can you realise the all-pervasive divinity. Mere intellectual exercise will not help you in this regard. Whatever you see, hear and experience is the manifestation of divinity. Only God exists everywhere. Such being the case, is it possible to attribute a particular name and form to Him? He is present in all forms. When we experience the principle of oneness, we will be immersed in bliss. Hence, we can say that bliss is His form.

Nityanandam, parama sukhadam, kevalam Jnanamurtim, dwandwateetam, gagana sadrisham,

tattwamasyadi lakshyam, ekam, nityam, vimalam, achalam, sarvadhee sakshibhutam (God is the embodiment of eternal bliss, He is wisdom absolute, beyond the pair of opposites, expansive and pervasive like the sky, the goal indicated by the *mahavakya Tattwamasi*, the one eternal, pure, unchanging, the witness of all functions of the intellect).

Embodiments of Love!

When God is all-pervasive, where is the need to go in search of Him? You should make efforts to experience your innate divinity by observing total silence and turning your vision inward. You can experience divine bliss only in absolute silence. That is why it is said, "Silence is golden".

God is present in all forms. All names and forms are His. The *Vedas* state the same principle when they declare: "*Sahasra seersha Purusha...*" Various types of jewels are made out of gold. Likewise, God has assumed all the names and forms that we find in the world. Hence, you should develop faith in the existence of God. If you make sincere efforts, you can certainly realise Him. Many spiritual aspirants in the past could have the divine vision by their intense *sadhana* and by going into total silence. One has to annihilate the mind in order to have the vision of God. You cannot experience divinity until and unless you transcend the mind.

Today people conduct enquiry and research into

various aspects of the world. But divinity cannot be experienced with such enquiry and research. Select a divine form of your choice and contemplate on it. When you focus your mind on the divine form, your mind gets transformed completely and becomes one with divinity. Today man's mind keeps wavering from moment to moment. Do not rely on such a wavering mind. Instead, rely on divinity which is steady and changeless. Once you fix your mind on a divine form of your choice, never change it. Close your eyes and contemplate on it. Only then can you experience divinity.

Understand The Principle Of Unity

People use the word "divinity" without really knowing its meaning. The *Vedas* declare, *ekameva adviteyam Brahma* (God is one without a second), *ekatma Brahma* (*atma* is *Brahman*). You may call Him by any name. He has thousands of heads, hands and eyes. Wherever you see, there is God only and no one else. The same primordial principle pervades everything. Contemplate on Him with single-minded devotion.

Nirgunam, Niranjanam, Sanathana Niketanam, Nitya, Shuddha, Buddha, Mukta, Nirmala Swarupinam (God is attributeless, pure, final abode, eternal, unsullied, enlightened, free and embodiment of sacredness). Divinity is present within you. Unable to realise your innate divinity, you waste your time searching for God outside. Whatever you see and experience in the world is only the reaction, reflection and resound of your

feelings. Do not get deluded by the reaction, reflection and resound. Turn your mind inward and contemplate on the reality within you. You will certainly be able to experience divinity. You should have divinity as your goal and nothing else. Divinity is one without a second, and is all-pervasive.

Understand the principle of oneness and install God in your heart. Without the principle of unity, there can be no multiplicity. If you do not understand unity, you cannot understand the multiplicity of Nature. Nature is the best preacher. Follow the ideals demonstrated by this preacher with *preeti* (love). The more you develop love, the sooner you can see God. Body attachment is the cause of all differences. You will understand and experience unity in diversity only when you give up body attachment. Once you are free from body attachment, you can experience God in a moment. Whatever you see is the manifestation of God. The principle of unity in diversity is divinity. But you are unable to understand and appreciate this truth. In order to understand this truth, there should be total transformation in your feelings. As is the colour of the glass, so is the colour of the scene outside. Remove the colour glasses of body attachment and see the reality.

Make Your Mind Steady

Embodiments of Love!

Hold on to the principle of love firmly and you can achieve anything. When you fill your heart with love,

you will be protected wherever you go. Love is the reality and everything else is only reaction, reflection and resound. In order to experience the reality, you have to cultivate steadiness of mind in the first instance. How can you make your mind steady? You have to contemplate on one name and one form. Be firm in your chosen path. Do not get deluded by what appears to the physical eyes. Open the eye of wisdom and see the reality.

Embodiments of Love!

Consider everyone as the embodiment of divinity. God is the mother and father of all. That is why, we pray: *Twameva mathascha pitha twameva, Twameva bandhuscha sakha twameva, Twameva vidya dravinam twameva* (Oh God! You alone are our father and mother, friend and relation, wisdom and wealth). Have firm faith that God is your everything. Do not entertain any doubts in this regard. It is because of doubts that man's mind is in a confused state. Many people ask Me about the proper way of meditation. I always tell only one thing, "Meditation does not mean merely closing your eyes and imagining anything and everything. Choose one form, install it in your heart and see that it is steady. Have total faith in one name and one form and contemplate on it incessantly. That is true meditation. If you follow this practice earnestly, you can experience divinity."

Embodiments of Love!

There is no greater *sadhana* than following the path

of love. Your love should flow only in one direction, and not in many directions. Your love should constantly flow towards God. Only then can you have the vision of God, who is the very personification of love. If you are unable to visualise God, it only means that you have not directed your love towards Him.

Make your mind steady and fix it on God. Mind is the cause of everything in this world. Mind by itself does not go anywhere. It is we who direct it and divert it in different ways according to our whims and fancies. We are responsible for its unsteadiness. When you keep your mind steady and focus it on God, you will find the brilliant and blissful form of God wherever you see. You are unable to see and experience God because you doubt His existence. First of all, develop unwavering faith in God. Your faith alone will protect you. Do not follow the vagaries of the mind. You should be the master of your mind and not its slave.

Embodiments of Love!

People talk about meditation. Meditation is very simple. Meditation is not mere concentration. Concentration can never be equated with meditation. With unflinching faith and unwavering mind you should let your love flow towards God. If there is unsteadiness in your mind, it is reflected outside. All unsteadiness comes from within you. I am rather surprised to note that man's mind is wavering every moment. Why should the

mind waver? It has no such power. *Manas* (mind) and *Manishi* (man) should be one. When you achieve this oneness, you can experience the principle of unity.

Embodiments of Love!

You must firmly resolve to hold on to the principle of unity and divinity. What is the purpose of human birth? Is it to spend your time in eating and drinking? No, no. You should make efforts to understand the underlying principle of unity of five elements, five senses of action, five senses of cognition and five life sheaths. If you make sincere efforts, you will certainly be able to experience the principle of unity. Among all the living beings, only man is endowed with the ability to understand and experience unity and divinity. In fact, the very purpose of human birth is to experience unity in diversity. Hence, make every effort to experience unity and sanctify your lives. It is possible only by following the path of love. There is nothing superior to love in this world.

Today I have awarded the gold medal for all-round excellence to a girl student from Anantapur Campus. She has been a diabetic right from her childhood. Her parents and doctors have been trying their best to control her diabetes but all in vain. However, she has unflinching faith in Swami. That is why she had no problem at all in spite of her blood sugar level being very high. She is not worried at all. In fact, when her parents get worried, she infuses courage in them, saying, “Don’t worry. God

is with me.” In this manner, she has spent sixteen years. She has studied in Puttaparthi school and Anantapur college. Sometimes, her blood sugar level is very high. No medicine can control it. Her father becomes anxious. But she is protected by her steady faith. Swami told her firmly, “This disease cannot harm you. Have total faith in God. Do not pay heed to what others say.” She forgets her *badha* (suffering) remembering Swami’s *bodha* (teaching). She has followed Swami’s words implicitly and has remained steady in her faith. That is why she has come up in life.

She devotes all her time to studies. She will pursue higher studies. She has absolutely no worry even if her blood sugar level shoots up. She says, “It comes and goes. I have nothing to do with it.” She has faced her health problem with fortitude. In this manner, one should never be afraid of problems. This body is a storehouse of dirt and a den of diseases. One should never rely on such an ephemeral body. The body may have to undergo suffering on account of some diseases. But whatever may be the problem, one should not worry about it.

Her father is teaching in Puttaparthi college. Sometimes, he gets phone calls from his daughter’s teachers in Anantapur Campus, telling him, “Your daughter’s blood sugar is very high today. She is unable to attend the classes. What should we do?” He comes to Me for guidance and I tell him not to worry. I infuse courage in him, saying she would be all right. Because of her devotion and steadfast faith, she is maintaining

her health and carrying on her studies without any hindrance.

Having resolved, what ought to be resolved, hold on to it till you have succeeded. Having desired what ought to be desired, hold on to it till your desire is fulfilled. Having asked what ought to be asked, do not leave the hold till you get it. Having thought what ought to be thought, hold on to it till you have succeeded. With heart mellowed, the Lord must yield to your wishes or forgetting yourself, you should ask Him with all your heart. Persevere, be tenacious, and never give up, for it is the quality of a devotee never to retreat, abandoning his resolve. (Telugu poem)

She is leading her life with such unflinching faith and determination. Sometimes, she becomes very weak because of anaemia. Even in such a condition, she continues to do her work. That is true devotion. She is leading her life with total faith in Swami. She has stood first in her studies and has also achieved excellence in co-curricular activities. That is why she has been given the gold medal for all-round excellence.

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